ACTIVITIES CALENDAR

JANUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30  Cooking Class Khanom-Koh 15:00 PM - 16:00 PM	31  Yoga Class 10:00 AM - 11:00 AM	1	2	3  Upcycle Candle 15:00 PM - 16:00 PM
4  Surfing Session 16:00 PM - 17:00 PM	5	6  Cooking Class Kluai-Khai-Chueam 15:00 PM - 16:00 PM	7  Yoga Class 10:00 AM - 11:00 AM	8	9	10  Upcycle Candle 15:00 PM - 16:00 PM
11  Surfing Session 16:00 PM - 17:00 PM	12	13  Cooking Class Thap Thip Krob 15:00 PM - 16:00 PM	14  Yoga Class 10:00 AM - 11:00 AM	15	16	17  Upcycle Candle 15:00 PM - 16:00 PM
18  Surfing Session 16:00 PM - 17:00 PM	19	20  Cooking Class Bua Loi 15:00 PM - 16:00 PM	21  Yoga Class 10:00AM - 11:00 AM	22	23	24  Upcycle Candle 15:00 PM - 16:00 PM
25  Surfing Session 16:00 PM - 17:00 PM	26	27  Cooking Class Khanom-Koh 15:00 PM - 16:00 PM	28  Yoga Class 10:00 AM - 11:00 AM	29	30	31  Upcycle Candle 15:00 PM - 16:00 PM

SESSION PRICING

Niranapa Boutique Resort Guests' get extra 100 THB discount
For Yoga Class will be Free of Charge

	NORMAL PRICE	SPECIAL PRICE
Yoga Class	~~1,000 THB / person~~	FREE OF CHARGE
Cooking Class	~~1,200 THB / person~~	599 THB / person
Pottery Class	~~1,000 THB / person~~	499 THB / person
Surfing Session (1 hour)	~~2,500 THB / person~~	1,599 THB / person

IN COLLABORATION WITH

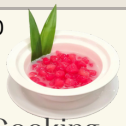
Phuket Surfing Kata Beach

FRYCYCLE cooking oil solution

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ACTIVITIES CALENDAR

FEBRUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27  Cooking Class Khanom-Koh 15:00 PM - 16:00 PM	28  Yoga Class 10:00 AM - 11:00 AM	29	30	31  Upcycle Candle 15:00 PM - 16:00 PM
1  Surfing Session 16:00 PM - 17:00 PM	2	3  Cooking Class Kluai-Khai-Chueam 15:00 PM - 16:00 PM	4  Yoga Class 10:00 AM - 11:00 AM	5	6	7  Upcycle Candle 15:00 PM - 16:00 PM
8  Surfing Session 16:00 PM - 17:00 PM	9	10  Cooking Class Thap Thip Krob 15:00 PM - 16:00 PM	11  Yoga Class 10:00 AM - 11:00 AM	12	13	14  Upcycle Candle 15:00 PM - 16:00 PM
15  Surfing Session 16:00 PM - 17:00 PM	16	17  Cooking Class Bua Loi 15:00 PM - 16:00 PM	18  Yoga Class 10:00AM - 11:00 AM	19	20	21  Upcycle Candle 15:00 PM - 16:00 PM
22  Surfing Session 16:00 PM - 17:00 PM	23	24  Cooking Class Khanom-Koh 15:00 PM - 16:00 PM	25  Yoga Class 10:00 AM - 11:00 AM	26	27	28  Upcycle Candle 15:00 PM - 16:00 PM

SESSION PRICING

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Cooking Class	~~1,200 THB / person~~	599 THB / person
Pottery Class	~~1,000 THB / person~~	499 THB / person
Surfing Session (1 hour)	~~2,500 THB / person~~	1,599 THB / person

IN COLLABORATION WITH

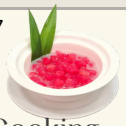
Phuket Surfing Kata Beach

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ACTIVITIES CALENDAR

MARCH 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3  Cooking Class Khanom-Koh 15:00 PM - 16:00 PM	4  Yoga Class 10:00 AM - 11:00 AM	5	6	7  Upcycle Candle 15:00 PM - 16:00 PM
8  Surfing Session 16:00 PM - 17:00 PM	9	10  Cooking Class Kluai-Khai-Chueam 15:00 PM - 16:00 PM	11  Yoga Class 10:00 AM - 11:00 AM	12	13	14  Upcycle Candle 15:00 PM - 16:00 PM
15  Surfing Session 16:00 PM - 17:00 PM	16	17  Cooking Class Thap Thip Krob 15:00 PM - 16:00 PM	18  Yoga Class 10:00 AM - 11:00 AM	19	20	21  Upcycle Candle 15:00 PM - 16:00 PM
22  Surfing Session 16:00 PM - 17:00 PM	23	24  Cooking Class Bua Loi 15:00 PM - 16:00 PM	25  Yoga Class 10:00AM - 11:00 AM	26	27	28  Upcycle Candle 15:00 PM - 16:00 PM
29  Surfing Session 16:00 PM - 17:00 PM	30	31  Cooking Class Khanom-Koh 15:00 PM - 16:00 PM	1  Yoga Class 10:00 AM - 11:00 AM	2	3	4  Upcycle Candle 15:00 PM - 16:00 PM

SESSION PRICING

Niranapa Boutique Resort Guests' get extra 100 THB discount
For Yoga Class will be Free of Charge

	NORMAL PRICE	SPECIAL PRICE
Yoga Class	~~1,000 THB / person~~	FREE OF CHARGE
Cooking Class	~~1,200 THB / person~~	599 THB / person
Pottery Class	~~1,000 THB / person~~	499 THB / person
Surfing Session (1 hour)	~~2,500 THB / person~~	1,599 THB / person

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ACTIVITIES CALENDAR

APRIL 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31  Cooking Class Khanom-Koh 15:00 PM - 16:00 PM	1  Yoga Class 10:00 AM - 11:00 AM	2	3	4  Upcycle Candle 15:00 PM - 16:00 PM
5  Surfing Session 16:00 PM - 17:00 PM	6	7  Cooking Class Kluai-Khai-Chueam 15:00 PM - 16:00 PM	8  Yoga Class 10:00 AM - 11:00 AM	9	10	11  Upcycle Candle 15:00 PM - 16:00 PM
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19  Surfing Session 16:00 PM - 17:00 PM	20	21  Cooking Class Bua Loi 15:00 PM - 16:00 PM	22	23	24	25  Upcycle Candle 15:00 PM - 16:00 PM
26  Surfing Session 16:00 PM - 17:00 PM	27	28  Cooking Class Khanom-Koh 15:00 PM - 16:00 PM	29	30	1	2  Upcycle Candle 15:00 PM - 16:00 PM

SESSION PRICING

Niranapa Boutique Resort Guests' get extra 100 THB discount
For Yoga Class will be Free of Charge

	NORMAL PRICE	SPECIAL PRICE
Yoga Class	~~1,000 THB / person~~	FREE OF CHARGE
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Pottery Class	~~1,000 THB / person~~	499 THB / person
Surfing Session (1 hour)	~~2,500 THB / person~~	1,599 THB / person

IN COLLABORATION WITH

Phuket Surfing Kata Beach

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GET IN TOUCH WITH US

FOR RESERVATION

Dial 0 for Front office

Call (+66) 76-333-210

Email: info@niranapa.com

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FRYCYCLE
cooking oil solution

CANDLE MAKING

WORKSHOP BY FRYCYCLE







The candle-making workshop in collaboration with Frycycle focuses on sustainability by repurposing recycled cooking oil from our kitchen to create eco-friendly candles. Participants learn to transform used oil into unique candles, fostering creativity while promoting environmental stewardship and sustainable practices.

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YOGA CLASS SESSION

BEGINNER YOGA CLASS

We offer private yoga sessions, providing guests with personalized instruction tailored to their individual needs and skill levels. These sessions enhance relaxation and well-being in a serene environment, allowing participants to deepen their practice.





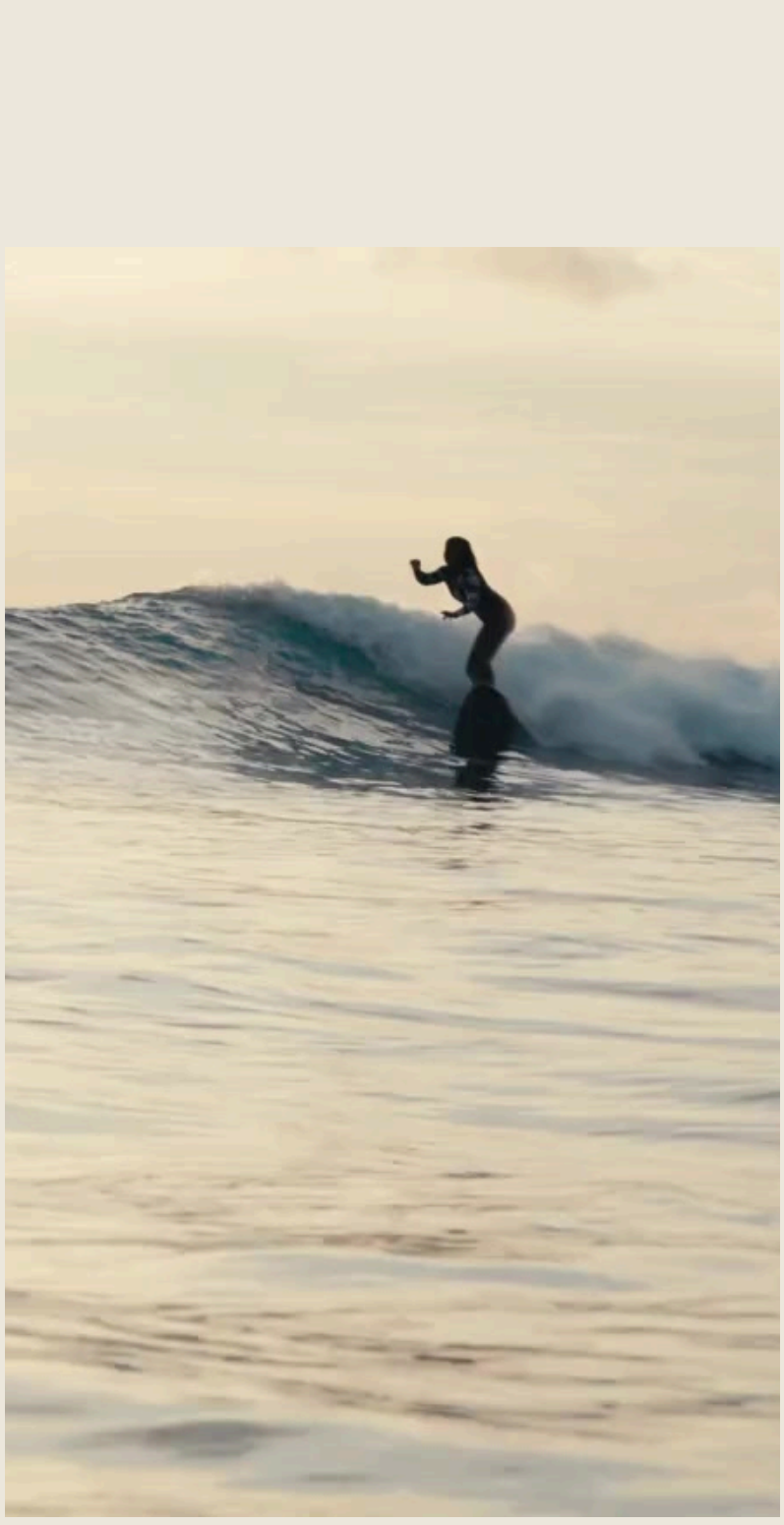


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SURFING SESSION

BY PHUKET SURFING KATA BEACH

Phuket Surfing
Kata Beach









We collaborate with Phuket Surfing at Kata Beach to offer surfing sessions for our guests, providing personalized experiences with experienced instructors for all skill levels. This partnership allows guests to enjoy the waves and the beautiful scenery of Kata Beach.

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COOKING CLASS

BY OUR CHEF

Join Chef Nu for a delightful journey into the sweet world of Thai desserts. This hands-on cooking class is specially crafted to introduce you to the rich flavors and intricate techniques behind Thailand’s most beloved sweets. Throughout the class, we will share his culinary insights and traditional recipes, giving you the skills to recreate these desserts at home.









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THE MONK MERIT

EVERY THURSDAY
AT 6:00 A.M. OR EARLIER
@ MUN PRAO'S RESTAURANT

More information please contact Front Desk

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THAI COOKING CLASS

BY OUR CHEF

1,200 THB/ COUPLE - 2 COURSES MENU

1,600 THB/ COUPLE - 3 COURSES MENU

niranapa | MUN-PRAO'S

1,100 THB/ PERSON - 2 COURSES MENU

SET A2

COURSE 1

TOM KHA GAI (ต้มข่าไก่)

Thai chicken with galangal, lemon grass, kaffir left in coconut soup

COURSE 2

GANG PED MOO (แกงเผ็ดหมู)

Red curry with pork

SET B2

COURSE 1

TOM YUM GOONG (ต้มยำกุ้ง)

Spicy Prawn Soup with Lemongrass

COURSE 2

SOM TUM THAI (ส้มตำไทย)

Spicy Green papaya salad with dried shrimp long beans tomato & peanut

SET C2

COURSE 1

TOM YUM GAI - CLEAR SOUP
(ต้มยำไก่น้ำใส)

Thai chicken Clear soup with galangal, lemon grass, kaffir left

COURSE 2

GAENG KIEW WAHN GAI
(แกงเขียวหวานไก่)

Chicken in Green Curry

SET D2

COURSE 1

PANANG PORK (แพนงหมู)

Thai Panang Curry with Beef

COURSE 2

PHAD THAI GOONG (ผัดไทยกุ้ง)

Stir Fried Rice Noodles with Prawn Thai Style

1,600 THB/ PERSON - 3 COURSES MENU

SET A3

COURSE 1

TOM KHA GAI (ต้มข่าไก่)

Thai chicken with galangal, lemon grass, kaffir left in coconut soup

COURSE 2

GANG PED MOO (แกงเผ็ดหมู)

Red curry with pork

COURSE 3

PHAD SEE EW GOONG (ผัดซีอิ๊วกุ้ง)

Stir fried noodles with shrimp Thai style

SET B3

COURSE 1

TOM YUM GOONG - CLEAR SOUP
(ต้มยำกุ้งน้ำใส)

Thai Prawn Clear soup with galangal, lemon grass, kaffir left

COURSE 2

GAENG KIEW WAHN GAI
(แกงเขียวหวานไก่)

Chicken in Green Curry

COURSE 3

SOM TUM THAI (ส้มตำไทย)

Spicy Green papaya salad with dried shrimp long beans tomato & peanut

SET C3

COURSE 1

TOM YUM GAI - CLEAR SOUP
(ต้มยำไก่น้ำใส)

Thai chicken Clear soup with galangal, lemon grass, kaffir left

COURSE 2

PANANG PORK (แพนงหมู)

Thai Panang Curry with Beef

COURSE 3

PHAD THAI GOONG (ผัดไทยกุ้ง)

Stir Fried Rice Noodles with Prawn Thai Style

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