



Product Testimonials

产品见证

好产品，会说话！

此书摘录了历年来大平营养产品拥护者见证产品如何帮助他们恢复健康。

Let the product speak for itself!

This book is an excerpt of how OM-X Nutrition's product supporters witnessed how our products have helped them to restore their health over the years.



大平营养产品作为健康导向保健品,除了帮助健康无病痛人们保持健康,防止健康问题;也帮助与支持不少患者从疾病或伤痛中恢复健康。
OM-X Nutrition's products are health-oriented products. In addition to helping people who are healthy to stay healthy and prevent health problems. It also helps and supports many patients to recover from illness or injury.

人体八大系统

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手敏感 Hand Allergy

健康状况:

- 长期被手敏感问题困扰
- 在2016年1月-9月期间, 使用软性沙粉洗钢锅, 发现我的手很干
- 直到9月份, 我的手开始裂, 才发现事情的严重性。
- 吃一个月的抗生素, 结果全身肿胀。

每日服食剂量:

- 2016年10月开始服用大平醇, 每天10-15粒
- 三个月后, 每天早晚服用2粒大平醇

好转反应:

- 手开始肿, 无法碰水

健康改善进展:

- 2016年11月, 手开始脱皮, 新细胞也开始慢慢长出来。
- 2016年12月, 手真的是改善很多
- 2017年1月份, 我的手可以碰水

Health Conditions:

- Has long been troubled by sensitive hands
- During Jan-Sept 2016, I use metal cleaner to wash stainless steel pot. During this period, I felt my skin very dry.
- After taking antibiotics for a month, the whole body swelled.

Daily Dosage:

- Started consuming OM-X in October 2016, 10-15 capsules every day.
- After three months, 2 capsules of OM-X every morning and evening

Healing crisis:

- My hands started to swell, and I can't touch the water

Health Improvement:

- In November 2016, the hands began to peel, and new cells began to grow slowly.
- In December 2016, the hand really improved a lot
- In January 2017, I can touch water.



October
2016



November
2016



December
2016



Chak Choon Lian



发烧 Fever

健康状况:

- 回故乡槟城吃了榴莲第二天就开始发烧

每日服食剂量:

- 5粒大平醇和1包大平冬菇粉

好转反应:

- 吃了4次后, 开始呕吐

健康改善进展:

- 半个小时后, 开始退烧了
- 呕吐后感觉整个人轻松了, 也康复了

Health Conditions:

- High fever after taking durian in hometown Penang.

Daily Dosage:

- 5 capsules OM-X and 1 sachet Maitake

Healing crisis:

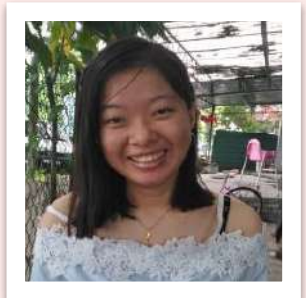
- Vomited after 4th times of consuming the products

Health Improvement:

- After half an hour, the fever started to subside.
- After vomiting, I felt relieved and recovered.

“我知道大平营养公司的产品很有效, 当我们人不舒服的时候, 除了吃药以外, 也可以使用天然产品帮助我们提高免疫能力。

“I know OM-X Nutrition's products are very effective. When we are feeling unwell, besides medication, we can use natural products to enhance our immunity. ”



Flora Tan Shi Mun





发高烧 High Fever

健康状况:

- 2019年10月头, 我的女儿发高烧。
- 没有让女儿服用医生开的抗生素

每日服食剂量:

- 每个小时给她吃5粒大平醇
- 第二天, 每小时10粒大平醇和增加喝水量

健康改善进展:

- 第三天, 她就康复了。吃了大平醇后, 她的脸很亮, 有光泽, 而且精神也很好。



Joey

Health Conditions:

- In October 2019, my daughter getting high fever.
- Did not let her take antibiotics prescribed by the doctor.

Daily Dosage:

- 5 capsules OMX every hourly
- increase the dosage to 10 capsules every hourly on the next day

Health Improvement:

- On third day, she is fully recovered. I found that after consume OM-X, her skin is bright and shiny, and she felt very energetic too.

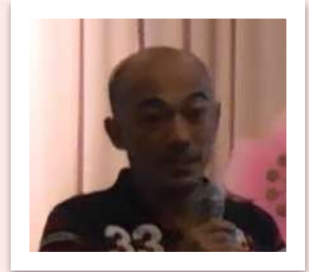




喉咙发炎、伤风感冒 Throat inflammation, Flu

健康状况:

- 在巴刹工作10年, 每天早出晚归, 容易有喉咙发炎, 伤风感冒的问题
- 常常服食panadol



Chew See Heng

每日服食剂量:

- 每天服食2粒大平醇蜂胶作保健
- 如果不舒服, 我会每隔 1-2小时吃2粒大平醇蜂胶

健康改善进展:

- 喉咙发炎问题逐渐改善, 不需要panadol 了

Health Conditions:

- I worked at wet market for about 10 years, working day and night. Hence, always prone to sore throat and flu problem.
- I consumed panadol regularly

Daily Dosage:

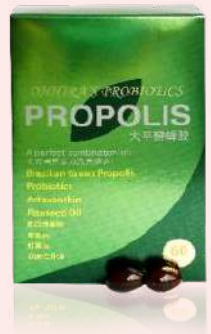
- 2 capsules of OM-X Propolis daily
- 2 capsules OMX Propolis every 1-2 hourly if not feeling well

Health Improvement:

- I realized that my throat inflammation problem has been improved, and I no need Panadol anymore

“我相信有人跟我一样常常吃panadol, 希望他们可以用更天然的产品解决身体的状况。

“I believed that there are many people always consuming Panadol like me, and I hope them able to use natural product to replace Panadol. ”





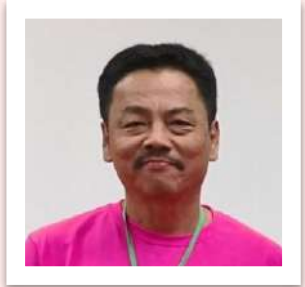
恢复免疫系统健康见证

Restore healthy immune system testimonial

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毒疮问题、喉咙痛、发烧、牙龈起 泡

Sores, Sore Throat, Fever and Gum Issue



Chng Hwee Huak

健康状况:

- 时常生毒疮, 很多食物如: 虾、炸鸡、鱿鱼、螃蟹等都不能吃。
- 喉咙疼痛、发烧、或嘴巴牙龈生泡泡

每日服食剂量:

- 每天服食2颗大平醇和3颗余甘子C
- 把余甘子C的胶囊打开, 直接倒在喉咙或泡泡部位, 如果有喉咙痛、发烧、或牙龈生泡泡状况

健康改善进展:

- 一段时间后, 就不再生毒疮了
- 不止胃口和精神变好, 做事比较有冲劲, 就连跌倒受伤也很快复原(大概3-4天就康复)。

Health Conditions:

- I always had sores, and I can't eat many foods such as prawn, fried chicken, squid, crab, etc.
- Sore throat, fever or gum issue,

Daily Dosage:

- 2 capsules of OMX and 3 capsules of Amla C daily
- Open the capsule of Amla C and pour the powder into throat or gum area, if have sore throat, fever or gum issue

Health Improvement:

- after a period of time, the sores gone.
- I found that my appetite improved, become more energetic and recovered very fast if injured (recovered within 3-4 days).





细菌和病毒感染

Bacteria and Virus Infection

健康状况:

- 感染幽门螺旋菌, 那时候吃什么吐什么, 瘦了 10多公斤。
- 确诊感染幽门螺旋菌和有 5粒息肉
- 3个月的抗生素治疗

每日服食剂量:

- 每天服用 5-10粒大平醇

健康改善进展:

- 非常健康, 而且每天 进出海关都比一般人行 动更快。



Janet Woo

Health Conditions:

- Infected with Helicobacter Pylori, no matter what I eat I will vomit out, and I lost more than 10kg of my body weight.
- After undergo gastro endoscopy screening, confirmed I had Helicobacter Pylori and 5 polyps
- Taken 3 months antibiotic course

Daily Dosage:

- Consumed 5-10 capsules OM-X daily

Health Improvement:

- I don't have any health issue after H.Pylori was cleared. I work in Singapore and will pass through Customs every day, I walked faster than those youngster.





病毒感染 Virus Infection

健康状况:

- 出世时身体就比较弱, 经常伤风感冒
- 在他1岁半的时候已经中了2次kawasaki病和一次的病毒感染。
- 病毒感染时在医院住了5-6天

每日服食剂量:

- 住院期间: 每隔1小时服食2颗大平醇
- 出院后也持续服食大平醇

好转反应:

- 玩玩具玩到一半的时候睡着

健康改善进展:

- 免疫能力提升了许多
- 以前他只要一打喷嚏, 晚上就会发烧; 现在他一打喷嚏, 吃了2次大平醇后, 晚上都不会发烧, 而且康复得很快。

Health Conditions:

- Weak body since newborn, always get flu and cold
- When he was 1 and half years old, he been attacked with Kawasaki Disease for twice and virus infection for once.
- He was admitted to hospital for 5-6 days during his virus infections.

Daily Dosage:

- 2 capsules of OM-X every hourly during hospitalization
- Continue to take OM-X after discharge from the hospital

Healing crisis:

- Felt asleep on the half way of playing his toys

Health Improvement:

- Immunity getting stronger.
- Compared with before, once he sneeze, that night he will be having fever; but now, once he sneeze, I give him OM-X for twice, he won't have fever during night time, and recover very fast.



Delton Ung Hao Yi





恢复免疫系统健康见证

Restore healthy immune system testimonial

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手足口症

Hand, Foot and Mouth Disease



Ivan Teh Hao Kai

健康状况:

- 新年期间患上手足口症, 当时没有医生

每日服食剂量:

- 每半个小时给他吃1包OM-X paste, 1粒植物油、1粒椰子油和1粒余甘子C; 1天涂2次马子六
- 第四天开始, 换成每个小时服食一次

好转反应:

- 服食产品一天后, 全身出疹子

健康改善进展:

- 1个星期后, 完全康复了

Health Conditions:

- Having hand, foot, and mouth disease during Chinese New Year, no doctor available during that time

Daily Dosage:

- 1 packet of OM-X paste, 1 capsule of Plant Oil, 1 capsule of VCO and 1 capsule of Amla C every half hourly; and apply Magoroku 2 times a day.
- From the fourth day onwards, change to taking once every hour

Healing crisis:

- A rash all over the body after taking the product for one day.

Health Improvement:

- After 1 week, he fully recovered.





骨痛热症 Dengue Fever

健康状况:

- 一共患上两次的骨痛热症
- 2015年:我的血小板指数掉到20,000, 差点需要被送进重症监护病房ICU
- 2018年:第二次患上骨痛热症

每日服食剂量:

- 2015年: 每一个小时保持服用10粒的大平醇
- 2018年: 每个小时服用10粒的大平醇、10粒植物油、10粒椰子油和10粒的余甘子C

健康改善进展:

- 2015年: 几天后退烧了, 血小板指数开始提升, 可以出院了
- 2018年: 总共服用了6次之后, 我的烧也退了、体力也慢慢恢复。第二天, 可以照常去上课了!



Eugene Kong

Health Conditions:

- Suffered from Dengue fever for twice.
- Year 2015: My platelet index dropped to 20,000 and I almost needed to be sent to the ICU of the intensive care unit
- Year 2018: Suffered from dengue fever for the second time

Daily Dosage:

- Year 2015: Keep taking 10 capsules of OM-X every hour
- Year 2018: 10 capsules of OM-X, 10 capsules of Plant oil, 10 capsules of coconut oil and 10 capsules of Amla C every hour

Health Improvement:

- Year 2015: A few days later, the fever subsided, the platelet index began to rise, and I was ready to be discharged
- Year 2018: After taking products for 6 times, my fever subsided, and my physical strength slowly recovered. The next day, I can go to class as usual!





骨痛热症

Dengue Hemorrhagic Fever

健康状况:

- 住院前1-2天, 骨头痛到好像要断的感觉。父母把我送进医院, 医生就诊断我是骨痛热症。
- 住院期间, 体温上上下下, 晚上38°C, 早上40°C。
- 当时的我连看电视的力气都没有, 躺在床上都感觉有人在折我的脊椎, 非常辛苦。
- 我试了很多传统配方, 包括木瓜叶汁、田鸡吨苦瓜等, 都没有进展, 而且血小板还降低到低于100,000点。

每日服食剂量:

- 每个小时服食10粒大平醇

健康改善进展:

- 3个小时后(吃了30粒后), 我感觉我的骨头的痛减少许多, 身体也比较有力了。
- 1-2天后, 我的血小板上到200,000点, 我可以出院了。
- 5天后回去复诊, 我的血小板已经升到400000点了。

Health Conditions:

- 1-2 days before I admitted to hospital, I felt my bone is breaking pain. My parents sent me to hospital and doctor diagnosed me with dengue hemorrhagic fever.
- During the first 2-3 days in hospital, my fever problem is up and down, night time 38°C, morning 40°C.
- When I lay on bed, I felt someone is breaking my backbone, and I don't even have energy to watch TV, it is very suffering.
- I tried many traditional formula, including papaya leave, but they aren't work to me, my platelet is drop to below 100,000.

Daily Dosage:

- 10 capsules of OM-X every hourly

Health Improvement:

- after 3 hours (consumed 30 capsules OMX), I felt my bone pain reduced a lot, and I more energetic.
- after 1-2 days, my platelet count increase to 200,000 and I was allowed to discharge
- After 5 days, when I go back to hospital for follow up, my platelet count increased to 400000.

“现在我还继续吃大平醇, 它是我的‘健康保镖’”

“Until now, I still consuming OMX, and it is my effective 'healthy bodyguard'.”



Kelvin Kong





骨痛热症 Dengue Fever

健康状况:

- 患上骨痛热症, 身体发烧发冷, 血小板连日下跌。医生叫我入院治疗。

每日服食剂量:

- 每天吃30粒的大平醇(10粒, 1天3次), 15粒余甘子C(5粒, 1天3次)和15粒椰子油(5粒, 1天3次)



Tan Wooi Hun

健康改善进展:

- 2天后, 我感觉自己比较好了。可是我还是有发烧。我的肚子很胀风, 不舒服, 血小板也在下。可是我坚持吃, 第5天, 我的烧退了, 我的血小板也回升了。

Health Conditions:

- I was diagnosed with dengue fever, I am having fever and shivering cold, and my platelets fall day after day. The doctor advised me to admit to hospital.

Daily Dosage:

- 30 capsules of OM-X (10 capsules, 3 times a day), 15 capsules of Amla C (5 capsules, 3 times a day) and 15 capsules of coconut oil (5 capsules, 3 times a day) daily .

Health Improvement:

- After 2 days, I feel better. But I still have fever. My stomach is very bloated and uncomfortable, and my platelets are still dropping. But I continued to consume products. On day 5, my fever subsided and my platelets rise.





恢复免疫系统健康见证

Restore healthy immune system testimonial

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基孔肯雅蚊症 Chikungunya Fever

健康状况:

- 患上基孔肯雅蚊症, 发烧、脚肿、不能走

每日服食剂量:

- 每天30粒的大平醇, 20粒的椰子油, 10粒的余甘子果
- 由于脚还在肿, 我每天加多5粒大平醇蜂胶和每个星期2包大平冬菇粉

健康改善进展:

- 2天后, 我的烧退了
- 10多天后, 我的脚完全消肿, 我也完全康复。



Madam Giam

Health Conditions:

- I suffered from Chikungunya virus infection. At that time, I had fever and my feet were swollen and I couldn't walk.

Daily Dosage:

- 30 capsules of OMX, 20 capsules of Virgin Coconut Oil, and 10 capsules of Amla C a day.
- Due to feet still swollen, i add on 5 capsules of OM-X Propolis everyday and 2 packets of Maitake Mix Mushroom per week.

Health Improvement:

- After 2 days, fever subsided
- After more than 10 days, my swollen feet fully recovered and I can walk nicely.



For Internal Circulation Only



恢复免疫系统健康见证

Restore healthy immune system testimonial

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乳癌、体力好

Breast Cancer, Good Stamina

健康状况:

- 在10多年前我不幸患上乳癌, 经历过一系列治疗包括化疗、电疗、动手术。

每日服食剂量:

- 康复过程, 每天吃6-8粒大平醇, 4-6粒余甘子C和1包大平营养活绿素

健康改善进展:

- 这些产品陪伴我10多年, 它们不止帮我找回健康, 也让我觉得自己越来越有力量, 体力也不输年轻人。

Health Conditions:

- I had breast cancer in the past 10 years. I underwent procedures which include chemotherapy, radiotherapy and even surgery.

Daily Dosage:

- In the recovery stage, I consume 6-8 capsules OM-X, 4-6 capsules Amla C, and 1 packet of Phytogreens daily

Health Improvement:

- These products accompany me for more than 10 years. They help me to regain my health and I felt much energetic. My body stamina is compatible with youngster.



Grace Lee Saw Chin





肝癌 Liver Cancer

健康状况:

- 在2002年6月,患上初期卵巢癌,进行过切除手术和化疗。
- 在2005年6月,我被诊断患上大肠癌,我在6月至10月期间,进行切除手术和化疗。
- 在2005年12月,认识大平营养公司的产品
- 在2006年6月,我再一次被检测到肿瘤指数偏高,进行详细检查,发现肝肿瘤大约1公分。那时我必须注射12支的化疗针。

每日服食剂量:

- 2005年,每天服用10粒大平醇
- 2006年,在接受治疗的同时,我每天服用40粒大平醇、15粒植物油、10粒余甘子C和3包大平营养活绿素。

好转反应:

- 2005年,手术部位有刺痛感

健康改善进展:

- 2006年,我在进行化疗期间,没有丝毫副作用,如:皮肤烫伤、呕吐、皮肤干燥、便秘、血球值下降、头发脱落、指甲发黑等。我甚至还可以自己单独驾车到医院接受治疗。化疗过程结束后,我的肿瘤指数降至健康水平,而我也完全复原了

Health Conditions:

- In June 2002, I been diagnosed with initial stage of ovarian cancer, I underwent operation and chemotherapy.
- In June 2005, I diagnosed with colon cancer. I underwent surgery and chemotherapy from June till October.
- In December 2005, I get to know about OMX products.
- In June 2006, again, my tumor marker exceed normal range and 1cm liver tumor is found. I had to receive 12 chemotherapy injections.

Daily Dosage:

- Year 2005, 10 capsules of OMX daily
- Year 2006, While receiving treatment, every day, I consume 40 capsules OMX, 15 capsules Plant Oil, 10 capsules Amla C, and 3 sachets PhytoGreens.

Healing crisis:

- When I started consume OM-X in 2005, I have healing crisis where my surgical area experienced needle prick pain for about 2 months. However, I continue consume the product.

Health Improvement:

- During chemotherapy, I didn't experience any side effects, such as skin burning, vomiting, skin dryness, constipation, blood count drops, hair fall, nail turn black, etc. I even able to drive alone to hospital to get chemotherapy treatment. After the treatment end, tumor marker dropped to normal, and I am fully recover at last. I am very happy with my improvement.



Koh Gek Siew





恢复免疫系统健康见证

Restore healthy immune system testimonial

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喉咙生瘤 Throat Tumor

健康状况:

- 之前喉咙上部位生了1粒瘤, 动过1次切除手术。
- 在动完手术2-3个月后, 喉咙下部位生了另一粒瘤。

每日服食剂量:

- 每天吃4粒大平醇(早晚2次)、6粒椰子油(早晚2次)、6粒植物油和6粒余甘子C

好转反应:

- 吃了产品后的2-3天, 开始感觉到我的喉咙生瘤的部位有蚂蚁咬的感觉

健康改善进展:

- 过后, 我的瘤就缩小了, 也不痛了。我不需要开刀切除了。



Kong Hock Chye

Health Conditions:

- I had a tumor at my upper throat area and I undergo surgery to remove it.
- The tumor come back again after 2-3 months of my surgery, and this time the tumor is located at the lower throat area.

Daily Dosage:

- 4 capsules OM-X (twice a day), 6 capsules VCO (twice a day), 6 capsules Plant Oil and 6 capsules Amla C.

Healing crisis:

- After 2-3 days of consuming products, I can felt my tumor area has a bit pain (seems like bite by ants)

Health Improvement:

- After that, my tumor shrink and no more pain. I no need to remove it anymore.





乳癌 Breast Cancer

健康状况:

- 1995年被诊断患上乳癌, 左胸肿瘤大得好像鸡蛋这么大粒, 医生也吩咐我需要先做化疗把肿瘤缩小才可以动手术把肿瘤切除。
- 接受治疗的同时, 服用大平营养产品

每日服食剂量:

- 每天服用15粒大平酵、10粒大平植物油和1小包大平冬菇粉
- 如果当天有做化疗, 大平酵分量会加至1天30粒

健康改善进展:

- 3个月后, 我的肿瘤消失了。
- 现在, 我已完全痊愈, 并继续服用大平营养产品。



Rupathy De Silva

Health Conditions:

- I been diagnosed with breast cancer in year 1995. My lump size on my left breast was as big as an egg. Doctor even advised me to undergo chemotherapy to shrink the tumor first before undergo surgery to remove it.
- I am consuming OMX Nutrition products even when I am undergo treatment.

Daily Dosage:

- 15 capsules OMX, 10 capsules Plant Oil, and 1 sachet Maitake Mix Mushrooms.
- I will increase OMX dosage to 30 capsules a day if I have chemotherapy on that day.

Health Improvement:

- Surprisingly after 3 months, my tumor disappear
- Now, I am fully recovered and I still continue consuming OMX products.





恢复免疫系统健康见证

Restore healthy immune system testimonial

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血癌 Leukemia

健康状况:

- 8岁的时候患上急性血癌, 白血球数值急升到600千点。

每日服食剂量:

- 每天服用30粒大平醇、9粒大平植物油和5粒余甘子C

健康改善进展:

- 白血球数值在3个月内降低到正常水平。相较于其他患有血癌的孩童, 我显得更加健康和精力旺盛



Seng Jing Yi

Health Conditions:

- I suffered from acute Leukemia when I was 8 years old. My white blood cell count soared to 600000.

Daily Dosage:

- 30 capsules OM-X, 9 capsules Plant Oil and 5 capsules Amla C.

Health Improvement:

- My white blood cell count dropped to normal level within 3 months' time. Furthermore, compared with kids that suffered same health condition with me, I'm much healthier and energetic.



For Internal Circulation Only



鼻咽癌

Nasopharyngeal Cancer

健康状况:

- 在2008年, 我被证实患上鼻咽癌。
- 需要做6次的化疗和33次的电疗。
- 我在第一次化疗的时候, 感觉非常辛苦。那时候的我甚至吐到需要进院。

每日服食剂量:

- 在一次机缘巧合下, 当我在医院接受治疗的时候, 知道有位癌症病患在服用大平醇后情况很好, 不会像我那么辛苦。那么我就决定 尝试服用大平醇。

健康改善进展:

- 在服用大平醇后, 我每次的治疗过程都变得更轻松, 就连我的胃痛问题也获得改善。我真的很高兴。

Health Conditions:

- On year 2008, I been diagnosed with nasopharyngeal cancer.
- Underwent 6 times chemotherapy and 33 times radiotherapy.
- When I started my first chemotherapy, I felt so suffer. I keep vomiting and finally admitted to hospital.

Daily Dosage:

- Luckily, when I went for follow up treatment at hospital, I met a cancer patient that consumed OM-X product. He share his experience of consuming OMX for me, and I am willing to try this product.

Health Improvement:

- After consume OM-X, I felt much better, and even my gastric problem improved as well.



Yee Cheng Poo





恢复免疫系统健康见证

Restore healthy immune system testimonial

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粪便出血、胃胀风、腋下肿 Bloody Stool, Bloating Problem, Armpit Swollen

健康状况:

- 曾经是癌症病患(大肠癌)
- 10多年后, 我开始粪便出血, 吃了很多产品都没有改善。
- 腋下也有肿的问题, 按下去也会痛。



Lee Guat Har

每日服食剂量:

- 粪便出血: 大平酵(5粒, 1天2次)、植物油(3粒, 1天2次)、椰子油(3粒, 1天2次)和大平营养活绿素(1天1包)
- 腋下肿: 大平酵(10粒, 1天2次), 植物油(3粒, 1天2次)、椰子油(3粒, 1天2次)

健康改善进展:

- 1个多月后, 我的粪便就停止出血了
- 1个星期后, 我的肿的问题消失了, 也不痛了

Health Conditions:

- I was a colon cancer patient.
- After 10 years plus of having this problem, I started having bloody stool. I tried many products for my issue, but all doesn't help.
- Besides, about a month ago, my armpit swollen

Daily Dosage:

- Bloody stool - OMX (5 capsules, 2 times/day), Plant Oil (3 capsules, 2 times/day), VCO (3 capsules, 2 times/day) and PVG (1 sachet/day)
- Armpit swollen - OMX (10 capsules, 2 times/day), Plant Oil (3 capsules, 2 times/day), and VCO (3 capsules, 2 times/day)

Health Improvement:

- After 1 month plus, my bloody stool problem resolved.
- My swollen problem disappeared in a week time, the pain disappeared as well.



For Internal Circulation Only



胃肠道问题 *Gastrointestinal problem*

1. 肚子疼痛问题 Stomachache Problem -- Chen Seng Hui -- [pg. 22](#)
2. 胃痛、手裂开和头痛问题 Gastric Problem, Hand Crack Problem and Headache -- Cindy Chung Poh Choo -- [pg. 23](#)
3. 子宫肌瘤、胃肠道问题 Uterine fibroid, Gastrointestinal problem -- Lam Bee Yeang -- [pg. 24](#)
4. 胃酸倒流 Acid Reflux -- Lee Lai Wan -- [pg. 25](#)
5. 不能蹲、胃胀风 Not able to Squat, Bloating -- Lim Sim Ee -- [pg. 26](#)
6. 胃痛问题 Gastric Problem -- Mong Tong Joh -- [pg. 27](#)
7. 胃痛问题、咳嗽问题 Gastric and Cough Problem -- Moy Boon Koon -- [pg. 28](#)
8. 肠胃问题、车祸、老花问题 Stomach Problem, Accident, Presbyopia -- Ong Kian Hooi -- [pg. 29](#)

肝胆问题 *Liver/Gallbladder problem*

9. 胆囊切除 Gallbladder Removal -- Lim Sim Ee -- [pg. 30](#)
10. 旅行时胆问题 Gallbladder Problem while Travelling -- Mok Sau Ching -- [pg. 31](#)

便秘问题 *Constipation problem*

11. 便秘问题 Constipation -- Polly Goh -- [pg. 32](#)
12. 儿童便秘 Kids Constipation -- Quah Hao Yu -- [pg. 33](#)



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Restore healthy digestive system testimonial

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肚子疼痛问题 Stomachache Problem

健康状况:

- 肚子左边和后腰部疼痛, 医生说是肚子胀风
- 吃药好了, 可是隔天吃了圣诞自助餐后肚子又痛了

每日服食剂量:

- 一开始, 我咬破5粒大平酵来吃, 1-2个小时后, 我再吃5粒, 过后我每隔几个小时就吃2-3粒大平酵。我在2-3天内吃完1盒大平酵

健康改善进展:

- 肚子痛问题好了。3天后又再去吃圣诞自助餐, 这时, 我的肚子不再痛了, 到现在(2-3月后)也没有再发作了。

Health Conditions:

- I had stomachache and back waist pain, doctor said it may be due to wind in the stomach area
- After medication, my problem solved. But my stomachache problem reoccurred after I had Christmas buffet.

Daily Dosage:

- I chew 5 capsules of OM-X immediately. After 1-2 hours, I consumed 5 capsules OMX again. After that, I consumed 2-3 capsules OMX every few hourly. I finished 1 box of OMX in 2-3 days

Health Improvement:

- My stomachache problem resolved. 3 days later, I went for Christmas buffet again and I don't have stomachache problem anymore. Until now (2-3 months later), there is no recurrence of this issue.



Chen Seng Hui





恢复消化系统健康见证

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胃痛、手裂开和头痛问题 Gastric Problem, Hand Crack Problem and Headache

健康状况:

- 我有严重的胃问题, 无论吃饱空腹我都感觉很不舒服, 就连吃东西也感觉没胃口。
- 这问题纠缠我2-3年了, 我见过医生, 吃过胃药、喝药水, 情况还是时好时坏; 非常痛苦
- 另外, 我的手会经常干燥裂开

每日服食剂量:

- 2-3小包OM-X paste
- 植物油 (1天3粒)

健康改善进展:

- 3-4个月后, 我的胃问题有明显的改善, 吃东西也有胃口了
- 手的问题改善了, 现在的手很滑了
- 很意外的, 我多年的头痛问题也不知不觉消失了

Health Conditions:

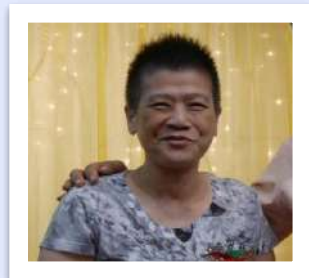
- severe gastric problem for about 2-3 years, No matter is empty stomach or after eating, I will feel uncomfortable and no appetite.
- I been seek doctor advice, taking gastric medicine, but the problem still no cure
- Besides, my hand is dry and will crack.

Daily Dosage:

- 2-3 packets of OM-X paste
- 3 capsules of plant oil

Health Improvement:

- After 3-4 months, my gastric problem improved a lot, and gained back my appetite.
- My hand problem improved after 3 months.
- Surprisingly, my headache problem that suffer me for so many years disappeared also.



**Cindy Chung
Poh Choo**





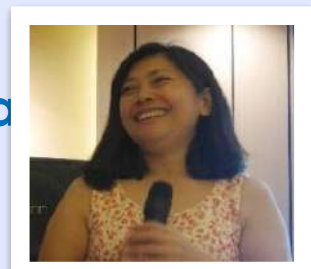
恢复消化系统健康见证

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子宫肌瘤、胃肠道问题

Uterine fibroid, Gastrointestinal problem



Lam Bee Yeang

健康状况:

- 6年前, 子宫生肌瘤压到膀胱, 必需动手术切除它
- 手术后, 医生建议我吃10年的荷尔蒙药, 不过, 医生也告诉我荷尔蒙药最大的副作用就是乳癌
- 在没有办法之下, 我就吃了荷尔蒙药。吃了大概3年的药, 我不想再继续吃这个药了, 因为我很害怕我自己会患上乳癌
- 另外, 我的肠胃也有严重的问题, 常常有胃胀风的问题, 有时候吃到某些青菜/水果, 我的肚子就会绞

每日服食剂量:

- 刚开始时没什么信心, 只是吃3粒大平醇
- 过后增加到1天10粒 (1次5粒, 1天2次)
- 现在服用大平醇 (1天2次, 1次3粒)、植物油 (1天2次, 1次3粒)、活绿素 (1天1包)、余甘子C (1天2次, 1次3粒) 和椰子油来保健。

健康改善进展:

- 大概2个星期后, 我就感觉到有改善, 人也比较有精神, 我也慢慢地停止服用荷尔蒙的药
- 现在肠胃问题也大大改善了

Health Conditions:

- 6 years ago, I was diagnosed with a big uterine fibroid that affected my bladder badly. Upon advised by doctor, I went for surgery to remove the fibroid.
- After the surgery, doctor advised me to consume hormone medicine for 10 years. However, he also told me that this medicine has side effects, one of it will be breast cancer.
- I got no choice at that moment, so I took the medicine and my body became very weak. After 3 years of taking that hormone medicine, I wanted to stop it because I really worry I will have breast cancer.
- Also encountered serious gastrointestinal problem likes bloating stomach

Daily Dosage:

- Started with small dosage, 3 capsules of OM-X per day.
- Later, increase the dosage of OMX to 10 capsules/day (5 capsules each time, 2 times/day)
- I am now consuming OMX (3 capsules, twice a day), plant oil (3 capsules, twice a day), PVG (1 sachet/day), Amla C (3 capsules, twice a day) and VCO to maintain my health

Health Improvement:

- After about 2 weeks, I felt energized and felt very good, so I gradually stop the hormone medicine. Not only OMX products alleviate my health issues but also reduced my serious gastrointestinal problem likes bloating stomach which was very common in the past.



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恢复消化系统健康见证

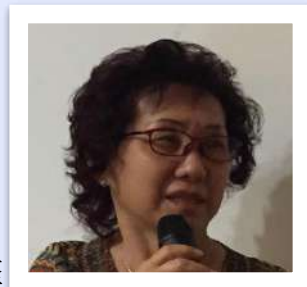
Restore healthy digestive system testimonial

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胃酸倒流 Acid Reflux

健康状况:

- 连续两天吃了猪脚醋, 胃不舒服, 胃酸倒流。
- 感觉很辛苦, 一片水果都不能吃, 吃了胃酸就来, 就连饭也不想吃。
- 医生给了2个星期的胃药, 状况反反复复, 没有痊愈。



Lee Lai Wan

每日服食剂量:

- 1天吃5粒大平醇

健康改善进展:

- 吃了2天后就感觉有效, 吃完1盒后我的胃问题就好了。

Health Conditions:

- I had severe gastric reflux after taking Pig Trotter Vinegar for continuous 2 days.
- I can't eat a single piece of fruit, even rice also don't feel want to eat, very suffer.
- Doctor prescribed me 2 weeks gastric medicine, but my condition didn't resolved.

Daily Dosage:

- 5 capsules OMX per day

Health Improvement:

- During the day 2 of consuming the product, I can sense some difference already. After I finished 1 box of OMX, my problem resolved. Now, I can eat whatever food that I like.





恢复消化系统健康见证

Restore healthy digestive system testimonial

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不能蹲、胃胀风

Not able to Squat, Bloating

健康状况:

- 脚不能蹲、胃风问题很严重, 肚子饿都不能吃, 很辛苦。
- 另外, 我每天晚上睡觉时必须穿袜子, 就算穿袜子, 脚还是会抽筋, 很难睡觉。

每日服食剂量:

- 每天服用3粒大平醇、3粒植物油和1包大平营养活绿素

健康改善进展:

- 3个月后, 我的脚可以蹲了! 现在, 我不需要穿袜子睡觉都不会脚抽筋了。另外, 我的胃胀风问题也获得很好的改善, 我现在什么食物都可以吃了。

Health Conditions:

- I have knee problem, I am not able to squat. Besides, I also have serious bloating problem, even I felt hungry also not feel to eat the food, very suffer.
- Furthermore, my leg will cramp while I sleep, it will disturb my sleeping, and I need to wear socks while sleeping. However, even though I wear socks, my leg will still cramping

Daily Dosage:

- 3 capsules of OMX, 3 capsules of plant oil and 1 sachet of PhytoGreens

Health Improvement:

- After 3 months, I found that I able to squat! Now, my leg cramping problem solved, I no need to wear socks while sleeping. My bloating problem improved a lot too, now I can eat any food whichever I like.



Lim Sim Ee



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胃痛问题 Gastric Problem

健康状况:

- 从少女开始就有胃痛问题。不管吃饱或饿时,我都会感觉胃痛。也因为肠胃问题,我怎么吃都吃不肥。我有看医生和吃其他保健产品,可是情况还是反反复复。

每日服食剂量:

- 每天12粒大平醇(早午晚各4粒)

好转反应:

- 胃痛更加严重,可是我不怕,反而增加分量(早午晚各5粒),甚至我在痛时一次过食用10粒。

健康改善进展:

- 在吃了接近20盒后,我的胃痛问题真的改善了,我的体重也开始有改变。



Mong Tong Joh

Health Conditions:

- I have irregular meal time and did not eat breakfast. So I have gastric problem since young. No matter is full or hungry, I also feel gastric pain. Besides, due to my gastric problem, I can't even gain weight. I saw doctors and eat many supplements, my health condition still not resolved.

Daily Dosage:

- 12 capsules of OM-X daily (4 capsules each during morning, afternoon and night)

Healing Crisis:

- my gastric problem even worse, but I know it is healing crisis, so I continue eat and even increase the dosage (5 capsules in the morning, afternoon and night), sometime I even consume 10 capsules at a time when I feel pain.

Health Improvement:

- My gastric problem improved after I consumed almost 20 boxes of OM-X, and my weight improved also.





恢复消化系统健康见证

Restore healthy digestive system testimonial

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胃痛问题、咳嗽问题 Gastric and Cough Problem

健康状况:

- 有大概10年的胃问题。这是因为我的工作(做法会)有时会做到凌晨2点,而且吃饭不定时。
- 我的胃问题很奇怪,发作时胃风很多,要呕,而且会让我的头晕得团团转,非常辛苦。我也因为胃的问题,完全不能吃煎堆,每次只能望梅止渴。
- 另外,我经常有咳嗽问题,而且每次咳嗽一定要3个月才会复原。医生每次都会给5种抗生素,不止我吃到怕,就连医生有时也摇头说不知还可以给我吃什么药。



Moy Boon Koon

每日服食剂量:

- 开始时,1天吃6粒大平醇、6粒植物油和4粒余甘子C(分2次吃)
- 现在每天都吃3粒大平醇、3粒植物油、3粒余甘子C和3粒大平醇蜂胶

健康改善进展:

- 吃了大概2个月后,我的胃问题改善许多,胃没有风,而且没有要呕的状况,就连我以前不能吃的煎堆也可以吃了。况且,我排的便很长而且形状也很好。
- 在我吃了大概7-8个月的产品后,我的咳嗽问题也有进展。相较于以前,现在如果我有咳嗽问题,痊愈得非常快,有时甚至不需要看医生。我整个人精神也好多了。

Health Conditions:

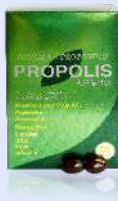
- I had gastric problem for about 10 years. This is due to sometimes I need to work till midnight 2am and I had irregular meal time.
- When I had gastric problem, my stomach will has a lot of wind, I felt nausea and fainting, very suffering. Besides, due to my gastric problem, I can't eat my favorite cendol.
- Besides, I had cough problem, every time when I cough, I need 3 months' time to recover. Every time, doctor will prescribe me with 5 types of antibiotics, and I am scared with it. Sometimes doctor told me that he don't know what type of medication should prescribe to me.

Daily Dosage:

- Started to consume 3 capsules OMX, 3 capsules Plant Oil and 2 capsules Amla C, twice a day.
- Now, every day, I consume 3 capsules OMX, 3 capsules Plant Oil, 3 capsules Amla C and 3 capsules Ohhira's Probiotic Propolis.

Health Improvement:

- After 2 months, my gastric problem improved a lot. My stomach wind problem and nausea symptoms resolved. I even can eat my favorite cendol now. Furthermore, my daily bowel movement become very smooth, the stool are very long and in good shape.
- After 7-8 months, my cough problem improved. I recovered very fast now when I cough, sometimes I even no need go to see doctor. I become much more energetic now.



For Internal Circulation Only



恢复消化系统健康见证

Restore healthy digestive system testimonial

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肠胃问题、车祸、老花问题

Stomach Problem, Accident, Presbyopia

健康状况:

- 我在1968年的时候得了一个怪病,胃胀风很严重,不需吃东西,喝水就会饱,就连要放屁也很难,真的很辛苦。找过许多医生,照了无数次胃镜和肠镜也没有改善。医生说我的大肠的大小不一。
- 到了1993年,我的问题更加严重,我的粪便是黑色一粒一粒的,非常懊恼。
- 2011年,我遇上了车祸,脸部的骨破裂,神经线断了很多条,医生建议我动手术。可是医生无法给予保证,我就决定不动手术



Ong Kian Hooi

每日服食剂量:

- 1993年,每天服食2粒大平酵。
- 2011年,第一个月每天吃12粒大平酵(4粒,1天3次),第二个月开始,每天吃4-6粒大平酵。同时也服用其他产品,如:植物油、余甘子C和胶原蛋白饮料

健康改善进展:

- 1993年,大概4个月后,我感觉我可以放屁了,也没那么胀了
- 现在我的脸已经痊愈了。

Health Conditions:

- In year 1968, I have a weird sickness, which is my colon has no same size. I experienced serious bloating problem, will feel full after drinking water, not even want to eat, and I also can't fart. I been seeing few doctors, done with many times of gastro endoscopy and colonoscopy also can't solve my problem.
- Till year 1993, my problem worsen till my stool is black in color, I felt very upset.
- I had accident on year 2011. My facial bone fracture and broken few nerve lines. Doctor advise me to undergo operation but he not able to guarantee me. So I decided not to undergo operation

Daily Dosage:

- Year 1993, started to consume 2 capsules of OM-X per day
- Year 2011, For first month, I take 12 capsules per day (4 capsules, 3 times per day), for second month onwards, I take 4-6 capsules per day. At the same time, I also consume plant oil, amla C and U-Royale collagen.

Health Improvement:

- Year 1993, After 4 months, I started can fart and my bloating problem improved a lot.
- My face has fully recovered





恢复消化系统健康见证

Restore healthy digestive system testimonial

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胆囊切除 Gallbladder Removal

健康状况:

- 在去年年末, 因为被诊断胆结石发胀的状况, 而需要进行胆囊切除手术。

每日服食剂量:

- 在动手术的前一个星期, 就开始每天服用 10粒OM-X。
- 手术过后, 因为无法咀嚼进食, 我连续4天每小时吃OM-X,
- 出院后, 我每天吃10粒OMX, 搭配6粒椰子油, 9粒余甘子-C以及1包大平营养活绿素。

好转反应:

- 放屁的时候, 会有黏黏臭臭的液体跑出来

健康改善进展:

- 大概一个月后, 我手术的伤口已经好到七七八八了, 而且, 我脸上的气色非常好。
- 我其实在切除胆囊后的1个月, 也去做了眼睛手术, 这手术也很成功。



Lim Sim Ee

Health Conditions:

- At the end of last year, I was diagnosed with gallstones and cholecystitis problem and I have to undergo gall bladder removal surgery.

Daily Dosage:

- A week before surgery, I took 10 capsules of OM-X daily.
- After surgery, I lost of appetite and took OM-X hourly for 4 consecutive days.
- After being discharged, I took 10 capsules OM-X, 6 capsules VCO, 9 capsules Amla-C and 1 sachet of Phytogreens daily.

Healing crisis:

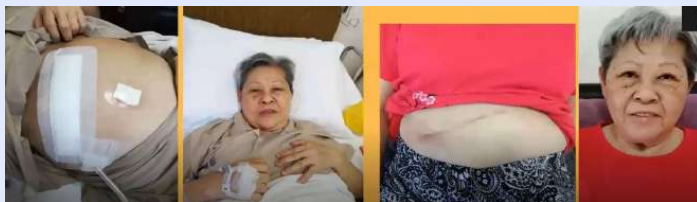
- There are smelly sticky fluid coming out when I fart.

Health Improvement:

- About one month later, the wound healed a lot and my condition looks great.
- I did eye operation, after 1 month of gallbladder removal surgery, and this surgery success as well.

1st Day

1 Month



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恢复消化系统健康见证

Restore healthy digestive system testimonial

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旅行时胆问题 Gallbladder Problem while Travelling

健康状况:

- 2018年, 我去了7天的中国旅行。在旅行的第三天整个人就很痛, 吃什么药都不行。
- 原来是我的胆破了, 可是我要回到 马来西亚才动手术。

每日服食剂量:

- 10-15粒大平醇

健康改善进展:

- 大平醇帮我止痛, 让我可以撑到回来 马来西亚。
- 动手术后也吃大平醇, 感觉没那么辛苦, 我现在好了, 也继续吃大平醇作保健。

Health Conditions:

- Year 2018, I visited to China for 7 days. But during day 3 in China, I felt myself very pain, even pain killer also doesn't help.
- I actually had broken gallbladder, but I want to wait till I come back to malaysia only I do surgery.

Daily Dosage:

- 10-15 capsules of OMX

Health Improvement:

- I feel less pain after consume OMX
- After the surgery, I continue consume OMX and I recover fast, now I still consuming this product.



Mok Sau Ching





恢复消化系统健康见证

Restore healthy digestive system testimonial

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便秘问题 Constipation

健康状况:

- 从年轻时候开始就有便秘问题, 一个星期大概只会去2-3次厕所。我尝试过很多产品, 包括排毒茶、纤维饮料等, 也只是暂时帮助我的问题。



Polly Goh

每日服食剂量:

- 一天喝2勺天天活力谷粮饮

健康改善进展:

- 我每天都有上厕所, 而且我的粪便看起来很清洁, 很长, 形状也很好
- 我的肤质也变好

Health Conditions:

- I have constipation problem since I am young, and I will go toilet about 2-3 times a week only. I tried many products, including detox tea, fibre drink, etc., all these are only help me for a short period of time.

Daily Dosage:

- 2 scoops of EveryMorning Multigrain Drink a day

Health Improvement:

- I can go toilet every day. Some more my feces look clean, long and good in shape
- My skin texture improved too





恢复消化系统健康见证

Restore healthy digestive system testimonial

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儿童便秘 Kids Constipation

健康状况:

- 3岁的时候, 开始1个月只排便3次。如果有去旅行的话, 一个月就只排便2次而已。
- 找了专科医生, 检查大肠和粪便, 一切都正常。医生提供乳果糖(软化粪便的药), 吃了半年, 情况依然没有改变(1个月排便3次)。

每日服食剂量:

- 2粒大平酵、1粒植物油和1粒椰子油, 1天2次。

健康改善进展:

- 排便次数从10天1次, 到9天1次, 8天1次, 7天1次, 6天1次, 5天1次, 4天1次, 3天1次, 2天1次, 1天1次。他在半年后, 天天都有排便。

Health Conditions:

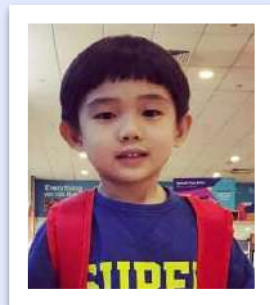
- Started from 3 years old, pass stool thrice in a month only. If he is going for travelling, then that month he will only pass stool for twice.
- Sought advice from medical specialist, done stool and colon checking, results all normal, doctor even prescribe him with lactulose. After consuming lactulose for half year, his condition still the same.

Daily Dosage:

- 2 capsules OM-X, 1 capsule Plant Oil, and 1 capsule VCO, twice a day.

Health Improvement:

- Stool passing frequency improve from 10 days once to 9 days once, 8 days once, 7 days once, 6 days once, 5 days once, 4 days once, 3 days once, 2 days once and one day once. After half year, he can pass stool every day.



Quah Hao Yu





1. 3条心血管阻塞、颈大动脉阻塞 Triple Artery Blockage, Carotid Artery Blockage -- James Ooi Kim Hock -- [pg. 35](#)
2. 出血性中风 Hemorrhagic Stroke -- Lee Su Theng -- [pg. 36](#)
3. 高血压 Hypertension -- Quah Say Hock -- [pg. 37](#)
4. 川崎氏病 Kawasaki Disease -- Tan Zhi Xuan -- [pg. 38](#)
5. 脑血管破裂、胃酸倒流、眼睛淤青和肿、皮肤干燥、便秘问题 Cerebrovascular rupture, acid reflux, swollen & bruised eye, dry skin, constipation -- Tee Siew Ting -- [pg. 39](#)
6. 耳水不平衡、血液循环不好、脸红问题、食物中毒 Vertigo, Poor Blood Circulation, Red Face Problem, Food Poisoning -- Un Siew Ling -- [pg. 40](#)



恢复循环系统健康见证

Restore healthy circulation system testimonial

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3条心血管阻塞、颈大动脉阻塞 Triple Artery Blockage, Carotid Artery Blockage

健康状况:

- 2016年的某一天, 我连续3-4天感觉非常的累, 睡了8小时后还是觉得很累。这状况很不寻常, 所以我决定去看医生。
- 抽血检验后, 医生看了我的报告后, 建议我去找心脏专科。心脏专科帮我做心电图、运动心电图、血管造影后, 告诉我, 我的3条心血管100%阻塞, 并建议我做搭桥手术, 价格大约RM80000 - 100000。
- 看了另一位医生, 发现颈大动脉也阻塞。两位医生都不敢帮我做手术, 因为我的成功率只有50%。
- 医生也告诉我, 我的身体很特别, 心脏和颈大动脉都有很多新血管, 也可以称为auto bypass。

每日服食剂量:

- 这23年来, 每天坚持吃大平醇
- 15-30粒大平醇
- 6-9粒植物油
- 5粒余甘子C

健康改善进展:

- 到最后, 我决定不做任何治疗。到现在, 超过3年半了, 我还可以每天做运动、抱我的孙上下楼梯。这真的非常感谢大平醇。

Health Conditions:

- In year 2016, I felt tired for continuous 3-4 days. Even I sleep for 8 hours, I still feel tired, and this is abnormal, so I decided to visit a doctor.
- After blood test checking, doctor advise me to look for specialist. I went to SJMC, doctor advice me to see cardiologist. Cardiologist help me to do ECG, stress test and angiogram, and results showed I had severe triple artery blockage. He advised me to do coronary artery bypass graft (CABG) and it cost about RM80000-100000.
- I decided to go for second opinion and I found another specialist. This specialist mentioned my case is very special, and suggest me to check with neurologist see whether got other blockage in the body. Results showed that my carotid artery blocked also. Both doctors dare not help me do the operation as there is only 50% of successful rate.
- Doctor also told me that my body very special as my heart and carotid artery has many new blood vessel and this called as auto bypass.

Daily Dosage:

- I been eating OMX for continuous 23 years.
- 15-30 capsules OMX
- 6-9 capsules Plant Oil
- 5 capsules Amla C

Health Improvement:

- At last, I didn't do any treatment. Until now, more than 3.5 years, every day, I still can do exercise and pick my grandson go upstairs. I truly thanks OMX for helping my health.



James Ooi
Kim Hock



For Internal Circulation Only



恢复循环系统健康见证

Restore healthy circulation system testimonial

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出血性中风 Hemorrhagic Stroke

健康状况:

- 1年前, 我突然血压飆高, 患上出血性中风。然而, 从西医角度根本找不到任何征兆, 我的血糖正常、胆固醇正常、心脏正常、就连微血管也没有阻塞。
- 我长期吃素, 饮食清淡, 这个状况让我束手无策, 我的孩子还小, 可是我知道我需要康复。
- 住在医院10天
- 另外, 我也在近期动了甲状腺的手术



Lee Su Theng

每日服食剂量:

- 8粒大平醇和6粒植物油
- 甲状腺手术后, 服食6-8粒大平醇、6-8粒植物油、大平醇蜂胶和2粒余甘子C

健康改善进展:

- 我的康复度比物理治疗师预计得快。一般上, 40%的病人需要3个月才能不用拿拐杖, 我1个月半就不需要拿拐杖了。另外, 一般病人需要3个月才能动手指, 我1个多月就可以动手指了。医生也说一般这样的病例只能达到80%的康复率, 现在的我几乎90%康复!
- 甲状腺手术2天后, 我的伤口就愈合了。

Health Conditions:

- About 1 year ago, my blood pressure shoot up and I had hemorrhagic stroke. However, western medicine side not able to find any symptoms from me, my blood sugar normal, blood cholesterol normal, heart health normal, even tiny blood vessel also no blockage.
- I am a vegetarian and always eat light food, and such condition really make me shock, some more my kids still small, but I know I need to recover.
- hospitalized for 10 days
- Furthermore, I just did operation at thyroid part recently

Daily Dosage:

- 10 capsules OMX and 6 capsules of Plant oil
- 6-8 capsules OM-X, 6-8 capsules Plant Oil, OM-X Propolis and 2 capsules Amla C right after thyroid operation.

Health Improvement:

- My recovery rate is faster than expected by physiotherapist. Normally, patients need to use crutches for at least 3 months' time, and only about 40% patients can achieve this result. But I use crutches only for about 1 and ½ months, and I can stop using it already. Besides, patients need at least 3 months' time to move their fingers, and I able to move my fingers in 1 months plus time. Doctor also mentioned to me my case only can recover up to 80%, but now I recovered almost 90%!
- Operation wound healed in only 2 days!



For Internal Circulation Only



恢复循环系统健康见证

Restore healthy circulation system testimonial

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高血压 Hypertension

健康状况:

- 2016年10月, 血压飙高达200/120mmHg。
- 医生开了降血压药, 但几个星期后, 医生竟然说要加量, 我觉得继续吃药并不是办法。



Quah Say Hock

每日服食剂量:

- 3颗大平醇、3颗植物油、2包大平醇葡聚糖

健康改善进展:

- 配合运动和饮食, 在 短短3-4个月内, 血压降至 130/90mmHg。我觉得更有精神、体力更佳。

Health Conditions:

- In October 2016, I was not feeling well and went for checkup, I was shocked to find out that my blood pressure reading was high at 200/120mmHg.
- Doctor prescribed me medication for blood pressure and few weeks later, I was asked to increased dosage, I was reluctant to take the medication anymore.

Daily Dosage:

- 3capsules of OM-X, 3 capsules of Plant Oil, 3 sachets of BG OM-X

Health Improvement:

- With exercise and diet, blood pressure dropped to 130/90mmHg in just 3-4 months. I feel more energetic and better physically.



For Internal Circulation Only



恢复循环系统健康见证

Restore healthy circulation system testimonial

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川崎氏病 Kawasaki Disease

健康状况:

- 6个月大的时候, 有一次发高烧至39°C, 突然昏迷了约10分钟, 被送到医院进行急救。
- 当时医生诊断患上川崎病
- 全身出红疹, 并有心脏肿大的迹象。医生说, 如果严重的话, 会心脏衰竭, 可能连基本运动都不能做。

每日服食剂量:

- 在加护病房期间, 每隔1个小时, 服食1粒大平醇和1粒植物油。

健康改善进展:

- 一天后, 他的心脏恢复正常。2天后, 他身体的红疹也消退了, 住院5天后就出院了。一星期后回来复诊, 医生宣布他已经完全康复了。

Health Conditions:

- High fever (39°C) and suddenly went unconscious for 10 minutes when he was 6 months old, he was then sent to hospital for emergency treatment.
- Doctor diagnosed him with Kawasaki disease
- He had rashes all over the body and had sign of enlarged heart. Doctor told us that, if the case went serious, it might cause heart failure and the kid might not able to do even simple exercise.

Daily Dosage:

- 1 capsule OMX and 1 capsule Plant Oil every hourly when he was at Intensive Care Unit (ICU), .

Health Improvement:

- After 1 day, his heart enlargement become normal. After 2 days, the rashes on the body start to reduce, and he was discharged after 5 days of staying in hospital. 1 week later during follow up, doctor told that he is fully recovered.



Tan Zhi Xuan



For Internal Circulation Only



恢复循环系统健康见证

Restore healthy circulation system testimonial

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脑血管破裂、胃酸倒流、眼睛淤青和肿、皮肤干燥、便秘问题

Cerebrovascular rupture, acid reflux, swollen & bruised eye, dry skin, constipation



Tee Siew Ting

健康状况:

- 在5月的时候, 突然晕倒, 被送进医院的加护病房。医生为我做了检查后, 诊断为脑血管破裂, 而且情况非常严重, 必需要马上动手术。由于手术之前必需要禁食, 而导致我有胃酸倒流的问题, 严重到必需要吃药的程度
- 住院期间, 眼睛又肿又有淤青, 皮肤又干又痒
- 动了手术出院后有便秘问题

每日服食剂量:

- 10颗大平醇
- 涂马子六

健康改善进展:

- 服用了大平醇后, 感觉胃比较舒服了
- 涂了马子六后, 眼睛淤青部分变浅了, 皮肤很快就止痒, 也感觉比较滋润了
- 便秘问题也改善了

Health Conditions:

- During May, I suddenly fainted and was taken to the intensive care unit of the hospital. After the doctor examined me, he diagnosed my problem as cerebrovascular rupture, and the condition was very serious, it is necessary to operate immediately. Because of the need to fast before surgery, I have the problem of acid reflux, which is so serious that I need to take medicine.
- Eyes was swollen and bruise, skin also become dry and itchy
- Constipation after surgery

Daily Dosage:

- 10 capsules of OM-X
- Magoroku

Health Improvement:

- After taking OM-X, I feel more comfortable in my stomach
- After applying Magoroku, the bruises on the eyes became lighter, the itching of the skin was relieved quickly, and it felt more moisturized.
- My constipation problem has also improved

Before



After





恢复循环系统健康见证

Restore healthy circulation system testimonial

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耳水不平衡、血液循环不好、脸红问题、
食物中毒

Vertigo, Poor Blood Circulation, Red
Face Problem, Food Poisoning



Un Siew Ling

健康状况:

- 血液循环不好, 有耳水不平衡的问题。
- 家族遗传高血压, 脸很容易红。
- 吃了快餐后都食物中毒, 中午吃, 傍晚开始泻, 凌晨赴医院紧急部门。

每日服食剂量:

- 早晚各吃5粒的大平醇和植物油
- 食物中毒: 开始吃10粒大平醇, 过后每隔1小时后, 我就吃5粒大平醇

健康改善进展:

- 半年后, 我的耳水不平衡问题改善了, 就连我脸红的问题也好了
- 食物中毒: 服食大平醇第4次后, 就康复了

Health Conditions:

- Poor blood circulation and vertigo problem.
- Family history of high blood pressure, my face will get red easily.
- Food poisoning after taking fast food, taken food at noon and started to diarrhea in the evening, rush to Hospital Emergency department at midnight

Daily Dosage:

- 5 capsules OM-X and 5 capsules Plant Oil, twice a day
- Food poisoning: started with 10 capsules of OM-X, and after that, 5 capsules of OM-X every hourly.

Health Improvement:

- After half year, my vertigo problem improved, even my red face problem resolved as well.
- Food poisoning: after 4th time of consuming OM-X, I recovered



For Internal Circulation Only



1. 睡觉时感觉不舒服、难呼吸 Feeling uncomfortable and hard to breath while sleeping --Cheng Boon Heng -- [pg. 42](#)
2. 哮喘 Asthma -- Crystal Lee Yuen Ning -- [pg. 43](#)
3. 喉咙发炎 Throat Inflammation -- Ong Ah Hoi -- [pg. 44](#)
4. 过度换气综合症、贫血、脚起泡出脓 Hyperventilation, Anemia, Foot blister & pus -- Selina Chin -- [pg. 45](#)
5. 女儿鼻子敏感、轻微鼻窦炎 Daughter Allergic Nose and Mild Sinusitis -- Tan Lay Hong -- [pg. 46](#)



恢复呼吸系统健康见证

Restore healthy respiratory system testimonial

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睡觉时感觉不舒服、难呼吸 Feeling uncomfortable and hard to breath while sleeping

健康状况:

- 睡左侧的时候, 我会感觉不舒服, 难呼吸, 而且心跳很明显。

每日服食剂量:

- 早晚吃3粒大平醇和3粒植物油

健康改善进展:

- 一段时间后, 我的问题就改善了。现在可以睡左侧了。

Health Conditions:

- Before this, when I sleep on my left side, I feel very uncomfortable, hard to breath.
- The heartbeat also feel stronger.

Daily Dosage:

- 3 capsules OMX and Plant Oil, twice a day.

Health Improvement:

- After a period of time, I felt much better.
- Now I can sleep on my left side already and I am very happy with my improvement.



Cheng Boon Heng



For Internal Circulation Only



哮喘 Asthma

健康状况:

- 患有遗传性哮喘, 从小就进出医院急救
- 尝试过许多传统医疗法, 都对我的状况没帮助
- 需要经常喷射哮喘缓解药物

**Crystal Lee
Yuen Ning**

每日服食剂量:

- 每天服用2粒大平醇

健康改善进展:

- 一个星期后, 我的鼻子敏感和哮喘问题改善了许多。
- 哮喘发作的次数减少了, 而且哮喘发作的严重性降低了, 我甚至不需要喷射哮喘解药物

Health Conditions:

- Have inherited asthma, and I used to be admitted to hospital since childhood
- I tried many natural and traditional medicine, but they aren't work on me.
- Always need nebulizer.

Daily Dosage:

- 2 capsules OM-X per day

Health Improvement:

- After 1 week, sensitive nose and asthma relieve
- Asthma problem also seldom recurred, and if does, it is very mild and does not need nebulizer.





恢复呼吸系统健康见证

Restore healthy respiratory system testimonial

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喉咙发炎 Throat Inflammation

健康状况:

- 经常有喉咙发炎的问题
- 每个月需要去打2次抗生素针，一支针价值RM200多。
- 不知不觉，已打了2年的抗生素针。

每日服食剂量:

- 10粒大平醇，2粒椰子油和2粒植物油
- 半年后，大平醇分量减少到1天吃5粒大平醇。

健康改善进展:

- 2-3个月的大平醇后，我的喉咙发炎问题就已经好了，到现在，我吃了15年的大平醇，已经不需要再去打抗生素针了。

Health Conditions:

- Throat inflammation problem
- Need to get antibiotic injection for twice every month, and every injection cost RM200 plus.
- Been taking antibiotic injection for 2 years' time.

Daily Dosage:

- 10 capsules OMX every day, 2 capsules Virgin Coconut Oil and 2 capsules Plant Oil.
- After half year, dosage of OM-X reduced to 5 capsules every day

Health Improvement:

- Throat inflammation problem resolved after 2-3 months
- Until now, I been eating this product for about 15 years, and I don't even need to get antibiotic injection.



Ong Ah Hoi





过度换气综合症、贫血、脚起泡出脓 Hyperventilation, Anemia, Foot blister & pus

健康状况:

- 长时间的胃痛和贫血问题
- 吃了中药后, 食物中毒。我感觉我的手脚很僵硬、不能动, 我也一直有呼吸不到、缺氧的感觉, 过后医生诊断我得了过度换气综合症 (hyperventilation)。
- 脚扭伤, 被师傅推推到严重的脱皮, 还起泡出脓。

每日服食剂量:

- 过度换气综合症: 开始每3个小时服用5粒大平醇。第2天开始, 我每天服用5粒大平醇和5粒植物油 (1天各3次), 有时候会服用3粒的椰子油。
- 脚起泡出脓: 搽马子六 (1天3次)

健康改善进展:

- 刚开始服用产品的时候, 我还有出现过度换气综合症的症状, 可是我坚持吃下去。2个月后, 就再也没有出现任何症状了, 我还是继续服用产品。1年后, 当我去医院检查时, 医生告诉我一切都很好, 而且贫血的问题也慢慢变好了。
- 2个星期后, 脚完全好了。

Health Conditions:

- Suffering from gastric problem and anemia for a long time.
- Food poisoning after taking Chinese medicine. I feel stiffness on both my hands and feet and I cannot move. I also suffered from difficulty breathing and feeling like running short of oxygen. After series of checkups, doctor diagnosed me as hyperventilation.
- Foot sprained and foot was being massage until skin peeled off severely and blisters and pus appeared.

Daily Dosage:

- Hyperventilation: 5 capsules of OM-X for every 3 hours. Start from 2nd day, 5 capsules OM-X and 5 capsules Plant Oil (3 times a day), and sometimes 3 capsules of VCO.
- Foot blister and pus: apply Magoroku 3 times a day

Health Improvement:

- At the beginning, I still suffered from hyperventilation. I insist to continue on the supplements. After 2 months, I have not suffer from any symptoms of hyperventilation anymore and I still continue on the supplements. After 1 year, I went for checkup, doctor told me everything was ok and problem of anemia has slowly improved.
- After 2 weeks of applying Magoroku, my foot was fully healed.



Selina Chin





女儿鼻子敏感、轻微鼻窦炎 Daughter Allergic Nose and Mild Sinusitis



Tan Lay Hong

健康状况:

- 9岁女儿从小到现在都有鼻子敏感, 轻微鼻窦炎的问题, 几乎每2个月就需要去看一次医生。
- 不吃菜, 也不吃肉, 身体免疫能力可能比 较弱。

每日服食剂量:

- 1粒大平醇

健康改善进展:

- 半年后, 几乎都没什么看到医生。如果偶 尔鼻窦炎发作, 服用两颗大平醇就复原了。

Health Conditions:

- 9 years old daughter having allergic nose and mild sinusitis since young, see doctor almost once in 2 months' time.
- Daughter is picky eater, didn't consume vegetable and meat, and probably this make she has weaker immunity.

Daily Dosage:

- 1 capsule of OM-X per day.

Health Improvement:

- Almost half a year, she didn't see doctor at all. Sometimes when the sinusitis problem come, I gave her 2 capsules, then she will be alright.





骨骼关节问题 *Bone/Joint Problem*

1. 膝盖疼痛、胸口疼痛 Knee Pain, Chest Pain -- Chok Choong Wing
2. 尿酸问题 Uric Acid -- Koo King Choon
3. 扭伤脚、电锯据伤脚 Sprained foot, deep wound on leg -- Tang Fuie Wah

皮肤问题 *Skin Problem*

11. 皮肤问题 Skin Problem -- Ooi Rui Xuan -- [pg. 58](#)
12. 皮肤问题 Skin Problem -- Lee Yau -- [pg. 59](#)
13. 臀部发红 Buttock Redness -- Tio Siew Eng -- [pg. 60](#)
14. 褥疮 Bed Sore -- Kim Ying -- [pg. 61](#)

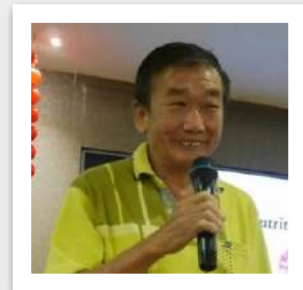


恢复皮肤骨骼健康见证 Restore healthy skin/bone testimonial

膝盖疼痛、胸口疼痛 Knee Pain, Chest Pain

健康状况:

- 好几年前, 我有膝盖疼痛的问题, 每次上厕所都需要用手撑着。他们都笑我3支脚。
- 我有吸烟的习惯, 也有胸口绞痛的问题。



Chok Choong Wing

每日服食剂量:

- 刚开始是每天10粒大平醇
- 一星期后, 1天5粒大平醇

健康改善进展:

- 1个星期后, 我的胸口疼痛的问题获得改善; 1个多月后, 我上厕所不用3支脚了。

Health Conditions:

- Few years ago, I am having knee pain problem. I need to use my hand to support when I am passing motion.
- I am a smoker, and I have chest pain problem

Daily Dosage:

- 10 capsules of OM-X a day
- 1 week later, 5 capsules of OM-X per day

Health Improvement:

- After a week, my chest pain problem improved
- After a month plus, my knee pain problem improved, I no need to use my hand to support.





恢复皮肤骨骼健康见证

Restore healthy skin/bone testimonial

尿酸问题 Uric Acid

健康状况:

- 从1987年开始, 我就有脚底痛的问题。经过医生(专科骨科医生)诊断, 我有严重的尿酸问题。
- 在2011年, 当时我的手指已经变形了, 不能握拳, 连握笔也成问题。



Koo King Choon

每日服食剂量:

- 开始时, 1天吃1粒大平酵。
- 过后我就每天吃 6粒大平酵、6粒椰子油、6粒余甘子C 和6粒植物油

健康改善进展:

- 手指可以弯了, 也可以握拳了。

Health Conditions:

- Since 1987, I have persistently leg and joint pain. The Orthopedic specialist informed me that I have serious uric acid problem.
- In 2011, my condition got even worsed as my fingers started to deform and I can't even closed my fingers or hold a pen.

Daily Dosage:

- Started with 1 capsule OMX per day.
- After that, 6 capsules of OM-X, 6 capsules of Amla C, 6 capsules of Plant Oil and 6 capsules of VCO daily

Health Improvement:

- My fingers able to bend and I can make a fist now also, my leg pain has subsided immensely.



For Internal Circulation Only



恢复皮肤骨骼健康见证

Restore healthy skin/bone testimonial

扭伤脚、电锯据伤脚

Sprained foot, deep wound on leg

健康状况:

- 新年期间去逛商场, 不小心跌倒而扭伤了脚, 脚肿了, 很痛
- 过了几天, 用电锯锯铁架, 不留神电锯脱手, 掉在地上的同时锯伤了小腿, 伤口流血不止。

每日服食剂量:

- 扭伤脚时, 就一直在擦马子六
- 锯伤小腿时, 也用马子六搽在伤口上, 用手按着。几分钟后, 血就止了
- 服用OM-X 大平醇 (每日30粒), 植物油 (每日30粒), Amla C (每日15粒), 椰子油 (每日15粒) 和 U-Royale 樱姿美 (每天2包)

健康改善进展:

- 5天过后, 伤口也慢慢好了, 扭伤脚也没有那么肿了, 然后我就继续服用以上提及的产品, 但分量减半。我每天坚持服用, 一直到现在的伤口也就完全好了

Health Conditions:

- I sprained my foot at supermarket during Chinese New Year, my foot swollen and very pain
- Few days later, I wanted to saw a iron shelf and suddenly the chainsaw fell down and saw across my leg. My wound keep bleeding.

Daily Dosage:

- Sprained foot: apply Magoroku
- I squeezed a lot of Magoroku onto my bleeding wound and I used my hand to press on the wound. After a while, the bleeding stopped.
- OM-X (30 softgels per day), Plant Oil (30 softgels per day), Amla C (15 capsules per day), VCO (15 softgels per day) and U-Royale (2 sachets per day)

Health Improvement:

- After 5 days, the wound on my leg is getting better and my sprained foot is no longer swollen. I continue to consume those products with halved of the dosage mentioned above. I insist on taking the products every day. Now, the wound on my leg is completely healed.

11.2.201
9



10.3.201
9
1个月后



24.5.201
9
3个月后



Before



After



For Internal Circulation Only



皮肤问题 Skin Problem

Ooi Rui Xuan

健康状况:

- 2个月的时候, 眉毛部位出现皮肤问题。她的情况让人担忧

每日服食剂量:

- 每一天在她的眉毛部位涂上 马子六, 1天3次(早上冲好凉、下午和晚上)。

健康改善进展:

- 一个星期后, 它的情况好转甚至痊愈。

Health Conditions:

- Have skin problem at her eye brow area while she 2 months old. The condition is quite worrying.

Daily Dosage:

- Apply Magoroku on her eyebrow 3 times daily (morning after shower, afternoon and night)

Health Improvement:

- After 1 week, her condition improved and resolved.



使用前
Before



使用中
During



使用后 After





皮肤问题 Skin Problem

健康状况:

- 2年前, 我有手痒问题, 本来以为只是普通的手痒, 就拿风油来涂; 怎么知道手痒问题不但没改善, 反而恶化。
- 找医生, 甚至专科医生买药吃都不能好, 我的手需要一直贴药膏。



Lee Yau

每日服食剂量:

- 1天服用5粒大平醇
- 马子六(1天2次)

健康改善进展:

- 4个月后, 手痒问题就好了

Health Conditions:

- I had skin itchiness problem 2 years ago, I thought it was normal skin itchiness, so I use Universal Oil to apply it. However, my skin itchiness problem didn't improve but worsen.

Daily Dosage:

- 5 capsules of OM-X daily
- Apply Magoroku (twice a day)

Health Improvement:

- 4 months later, my skin problem resolved.





臀部发红 Buttock Redness

健康状况:

- 朋友的女儿 (Miss Yeap) 在生产期间, 臀部突然脱皮发红, 非常难受。

每日服食剂量:

- 每天帮她女儿涂3次马子六

健康改善进展:

- 一个星期内, 情况就好了
- 我自己本身也有用 马子六, 每天涂在脸和眼睛下部位, 皮肤很滑。

Health Conditions:

- My friend's daughter (Miss Yeap) has redness and peeling at her buttock area after delivered, very painful.

Daily Dosage:

- Apply Magoroku at the affected area three times per day

Health Improvement:

- Within a week, the condition improved.



Tio Siew Eng





褥疮 Bed Sore

健康状况:

- 哥哥有一次不小心跌倒, 无法走路, 已躺在床上 1-2 个月, 导致屁股溃烂。
- 我们尝试使用黄药水涂抹, 结果越涂越严重。

Kim Ying

每日服食剂量:

- 服用2粒OM-X,
- 每天在伤口上涂OM-X(1天3次, 1次1粒)

健康改善进展:

- 一至2个月后, 伤口逐渐越变越小。

Health Conditions:

- My brother accidentally fell down and could not walk. He need to bedridden, after 1 to 2 months of bedridden, he had bedsore.
- We had tried to apply yellow lotion (antiseptic), however, the wound became worse, appeared dark black.

Daily Dosage:

- Consume 2 capsules of OM-X daily
- Apply OM-X to his wound 3 times a day (everytime 1 capsule)

Health Improvement:

- After 1-2 months later, the wound became smaller and smaller.

Before 之前



After 之后





1. 尿道感染 Urinary Tract Infection --
Daryl Kuek -- [pg. 63](#)
2. 肾结石、眼睛问题和贫血 Kidney
Stones, Eye problem and Anemia
-- Lim Lay Lay -- [pg. 64](#)
3. 肾脏衰竭、贫血、睡眠问题 Kidney
failure, anemia, Insomnia -- Thong
Kok Kee -- [pg. 65](#)
4. 早产儿 Preterm Baby -- Teng Zhe
Sheng -- [pg. 66](#)
5. 前列腺问题、排尿时会痛 Prostate
problem, pain when urinate --
Chin Kim Fook -- [pg. 67](#)



恢复泌尿生殖健康见证

Restore healthy urogenital testimonial

pg. 63

尿道感染 Urinary Tract Infection

健康状况:

- 4个月大的时候,患上严重的尿道感染。医生建议吃长达5年的抗生素疗程,可是父母拒绝了。



Daryl Kuek

每日服食剂量:

- 每天服用3粒大平醇

健康改善进展:

- 一段时间后,完全康复了,没有再面对同样的问题了。

Health Conditions:

- When I was 4 months old, I had serious urinary tract infection. Doctor suggested me to go on antibiotic treatment for 5 years, but my parents refused.

Daily Dosage:

- 3 capsules OM-X every day

Health Improvement:

- After a period of time, I am fully recovered and does not get any recurrent infection.





恢复泌尿生殖健康见证

Restore healthy urogenital testimonial

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肾结石、眼睛问题和贫血 Kidney Stones, Eye problem and Anemia

健康状况:

- 在1998年生女儿的时候血崩, 过后我的健康状况就一直下降。我的子宫生瘤, 肾脏生石, 陆陆续续进了8次的手术房。最严重的时候是我的眼睛也出现问题, 我只要一见到光, 我就感觉到晕, 无法驾车, 连走路也不行。
- 看了3个眼科医生, 没有一个医生可以诊断到底我的眼睛是什么问题, 只是给我眼药水滴和涂。可是这些都帮不到我



Lim Lay Lay

每日服食剂量:

- 大平醇(1天3次, 1次3粒)、植物油(1天3次, 1次3粒), 余甘子C(1天3次, 1次3粒)和活绿素(1天2次, 1次1包)。

健康改善进展:

- 3个月, 我的眼睛问题慢慢改善, 我现在可以驾车了;就连我的肾脏的石头也跌完了。另外, 我因为血崩后, 一直都有贫血的问题, 可是这一次检查中, 意外地发现我的验血报告可以如此漂亮, 这是我10多年来看过最美丽的报告

Health Conditions:

- In 1998, I had a serious vaginal bleeding after giving birth. Since then, my health condition is worsening. I endure 8 surgeries to remove multiple health issues and, to remove uterine cyst and kidney stones. My body became weak day by day and affected my daily life. I will faint if my eyes see bright lights, because of this condition; I cannot drive my car and walk.
- I been checked by 3 eye specialists, but none of them able to give me a diagnosis on my eye problem, only giving me eye drop.

Daily Dosage:

- OMX (3 capsules per time, 3 times/day), plant oil (3 capsules per time, 3 times/day), Amla C (3 capsules per time, 3 times/day) and PhytoGreens (1 sachet per time, 2 times /day).

Health Improvement:

- After less than 3 months, I was so delighted that my eyes became normal and I was able to drive. Besides, my kidney stones, anemia and vaginal bleeding are resolved.
- My full blood picture report is the best after 10 years time



For Internal Circulation Only



肾脏衰竭、贫血、睡眠问题 Kidney failure, anemia, Insomnia

健康状况:

- 四年前, 医生诊断我患上肾衰竭问题, 需要洗肾。那时候的我走路非常辛苦, 经常上气不接下气, 脸色也非常苍白。
- 另外, 我也有贫血的问题, 医生每次洗肾时帮我打补血针和给补血药, 血红素指数也只有7.0, 在冷气房里待的话会全身冷得不停发抖。
- 我也经常面对水肿问题, 晚上睡觉的时候会有呼吸困难的感觉, 所以经常失眠。呼吸困难这个问题导致我需要坐着睡觉, 非常辛苦。
- 这些情况一直维持了三年的时间。



Thong Kok Kee

每日服食剂量:

- 每天持续服用10粒大平醇
- 一年后, 分量减半至5粒

健康改善进展:

- 一个星期后, 我感觉比较精神了, 走路也比较有力了。很开心的是, 我发现我竟然可以躺着睡觉了!
- 一个月后, 我的血红素升到11了, 我开始不那么容易感觉冷了。
- 6个月, 我开始排汗了! 之前完全不能够排汗的我, 现在感觉整个人非常精神。
- 一年后, 我连走楼梯都不会喘气了, 就算在商场走一个小时也不是问题!

Health Conditions:

- 4 years ago, I was diagnosed with kidney failure and need to undergo dialysis. During that time, I look very pale and always short of breath especially when I walk, that's very suffer.
- Besides, I also have anemic problem, even though doctor give injection and iron tablet to increase my hemoglobin amount, but my hemoglobin level still very low - 7.0, and I will feel cold and shiver if I stay in an air-condition room.
- I also suffered from edema problem and this cause me have breathing difficulty when sleep. I always insomnia and need to sleep in seating position and this is suffering.
- These conditions were with me for 3 years' time.

Daily Dosage:

- 10 capsules of OM-X every day
- After 1 year, dosage reduce to 5 capsules a day

Health Improvement:

- After one week, I feel more energetic. Surprisingly, I also found I can sleep in lying position!
- After a month, my hemoglobin level increase to 11 and I feel I can sustain longer time in air-cond room.
- After 6 months, I started to sweat, before this I can't sweat at all.
- After 1 year, I can climbed up to stair easily and not a problem for me to walk for an hour in shopping mall anymore!





早产儿 Preterm Baby

健康状况:

- 我在妈妈怀孕7个月半就出世了, 出世时只有2.1公斤。我妈妈是半夜破羊水, 第二天下午1点多分娩, 下午4点多出院, 整个过程很顺利。

每日服食剂量:

- 我妈妈怀孕时每天服用4-5粒大平醇, 而我也在出生后也继续吃大平醇。
- 现在我已经13岁了, 依然每天吃1-2粒大平醇。

健康改善进展:

- 虽然我是早产儿, 可是我的免疫能力是兄弟姐妹当中最 强的, 我很少生病, 就算生病, 也1天就好了。我很开心我是大平醇宝宝, 它真的 对我的健康有很大的帮助。

Health Conditions:

- I am a preterm baby that born at about 30 weeks term, and my weight is 2.1kg. My mother experience amniotic fluid leaking at midnight, and she managed to give birth at 1pm something, discharge from hospital at about 4pm something. The whole process is very smooth.

Daily Dosage:

- During pregnancy, my mother consume 4-5 capsules OMX every day. When I was born, I continue consume 1-2 capsules OMX until now (13 years old).

Health Improvement:

- Even though I am a preterm baby, but my immunity is the strongest among my siblings. I seldom get sick, and even when I am sick, I will recover within a day. I am very happy that I am OMX Kid, it truly helps in my health status.



Teng Zhe Sheng





恢复内分泌健康见证

Restore healthy endocrine system testimonial

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前列腺问题、排尿时会痛 Prostate problem, pain when urinate

健康状况:

- 本身有前列腺问题, 排尿时会痛

每日服食剂量:

- 每天早上吃5粒的大平醇蜂胶
- 一个星期后, 每天早上3粒大平醇蜂胶

健康改善进展:

- 15天后, 我排尿时会痛的问题明显减少了。现在, 我排尿时不再感觉痛了, 我也不需要再去看医生了

Health Conditions:

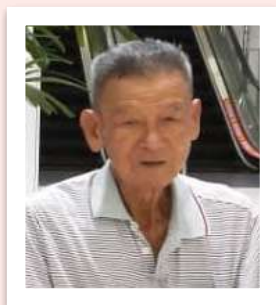
- I have prostate problem. I feel pain when urinating,

Daily Dosage:

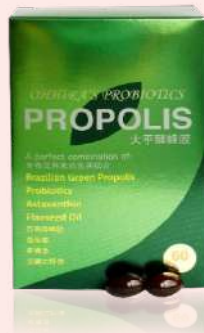
- At the beginning, I take 5 capsules of Propolis every morning
- After one week, reduce dosage to 3 capsules every morning

Health Improvement:

- After 15 days of taking Propolis, my prostate problem gets better.
- Now, I don't feel pain anymore when urinating, and I don't need to go visit doctor anymore.



Chin Kim Fook





1. 糖尿病伤口 Diabetes Wound -- Siu Cheow Kit @ Siu Siow Kit -- [pg. 69](#)
2. 新陈代谢缓慢 Slow Metabolism -- Tan Chin Peng -- [pg. 70](#)
3. 乳房疼痛问题 Breast Pain Problem -- Tung Phooi Fun -- [pg. 71](#)



恢复内分泌健康见证

Restore healthy endocrine system testimonial

pg. 69

糖尿病伤口 Diabetes Wound

健康状况:

- 有一次脚不小心脱皮了, 不幸的是, 我吃到含有虾米和鸡肉成分的包子, 结果我的脚脱皮部分开始发红, 而且一天天变烂。
- 一星期后, 我去看医生, 医生帮我割皮和洗伤口。10天过去, 我吃了50-60粒抗生素, 甚至另外吃豪猪枣, 都没改善。
- 换了抗生素, 吃20粒也没有效。当时我不能走, 需要拿拐杖, 我的脚又黑又肿



Siu Cheow Kit

每日服食剂量:

- 每天早晚涂2次厚厚的马子六、10粒大平醇、6粒大平醇蜂胶、3粒植物油和3粒椰子油。

健康改善进展:

- 半个月后, 我的伤口有改善了。慢慢的, 我的伤口完全复原。

Health Conditions:

- I found there is peeling on the skin of my foot. Unfortunately, I accidentally consumed a pau that contain shrimp and chicken, and that peeling part become redness and worsen.
- After 1 week, I go to visit doctor, doctor help me to clean the wound and cut off the peeling skin. He also prescribed me with antibiotics. I ate about 50-60 antibiotics plus porcupine dates for 10 days, but it doesn't work.
- Doctor changed another antibiotic to me, I ate 20 tablets, still doesn't work. During that time, I can't walk, need to use walking stick, and my foot is swollen and dark in color.

Daily Dosage:

- Apply a thick layer of Magoroku on wound twice a day, together with consuming 10 capsules OMX, 6 capsules OMX Propolis, 3 capsules Plant Oil and 3 capsules Virgin Coconut Oil every day

Health Improvement:

- After ½ month, I can see improvement of my wound, and slowly, I am fully recovered.



For Internal Circulation Only



恢复内分泌健康见证

Restore healthy endocrine system testimonial

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新陈代谢缓慢 Slow Metabolism

健康状况:

- 我本身很难出汗。

每日服食剂量:

- 每天饭后吃一包大平冬菇粉

健康改善进展:

- 我的身体可以出很多汗, 而且整个人精神非常好。
- 每次流汗我就觉得我好像做了运动一样, 血液循环也很好。

Health Conditions:

- I don't sweat easily

Daily Dosage:

- Everyday after meal, I will consume 1 sachet of Maitake Mix Mushrooms powder

Health Improvement:

- Body really can sweat a lot, and I felt I am energetic.
- Whenever I sweat, I feel like I'm doing exercise and my blood circulation is also very good.



Tan Chin Peng





恢复内分泌健康见证

Restore healthy endocrine system testimonial

pg. 71

乳房疼痛问题 Breast Pain Problem

健康状况:

- 乳房疼痛的问题困扰了很多年

每日服食剂量:

- 3粒大平醇和3粒大平植物油 (1天2次)

健康改善进展:

- 1年后, 我的乳房疼痛问题消失了。



Tung Phooi Fun

Health Conditions:

- Breast pain problem troubles me for many years

Daily Dosage:

- 3 capsules OM-X and 3capsules Plant Oil (2 times a day),

Health Improvement:

- After 1 year, breast pain problem disappear.





1. 脑震荡 Concussion -- Eugene Kong -- pg. 73
2. 三叉神经线疼痛 Trigeminal Nerve Pain -- Teo Hiang Moi -- pg. 74



脑震荡 Concussion

健康状况:

- 不小心在宿舍厕所滑倒, 当场昏了过去
- 醒来后, 有短暂的失忆, 头也很晕。
- 跌倒的时候, 也不小心拉伤颈部肌肉, 头不能转
- 几天后, 回家乡槟城做详细检查, 医生说我的脑震荡, 但是幸运的是没有淤血

每日服食剂量:

- 服用10粒大平醇、10粒植物油、10粒椰子油和10粒的余甘子C (一天6次)
- 用马子六按摩颈部

健康改善进展:

- 服了两次以上产品头没有那么晕, 也可以走路了。
- 隔天醒来, 我的头可以转了
- 一个星期之后, 我感觉我好多了, 不止体力好, 还可以应付大学考试。

Health Conditions:

- Accidentally fell down in hostel washroom and become unconscious.
- After awake, I had a short amnesia and I felt very dizzy.
- I also accidentally hurt my neck muscles during that incident, and my head couldn't turn.
- Few days later, I went back to my hometown Penang for the detailed checkup. Doctor diagnosed me as concussion, but fortunately that was no blood clot.

Daily Dosage:

- 10 capsules of OMX, 10 capsules of Plant Oil, 10 capsules of VCO, and 10 capsules of Amla C (6 times a day)
- Apply Magoroku on my neck

Health Improvement:

- When I take the products for the second time, I felt better and able to walk
- On the next day, my head could turn around and I feel much better.
- One week later, I felt much better and energetic, I can handle my university exam too!



Eugene Kong





恢复神经系统健康见证

Restore healthy nervous system testimonial

pg. 74

三叉神经线疼痛 Trigeminal Nerve Pain

健康状况:

- 受到三叉神经线疼痛的问题困扰
- 医生建议我动手术去除它, 然而, 由于风险高, 我忍痛不去动手术, 只是吃药而已。



Teo Hiang Moi

每日服食剂量:

- 太平醇

健康改善进展:

- 有一次三叉神经线太痛了, 我就在4天内吃完一盒太平醇。后来发现神经线不痛了。

Health Conditions:

- I have trigeminal nerve pain, a very painful problem.
- My doctor has advised me to undergo brain surgery which is very high risk. I dare not take the risk so I refused to undergo the surgery, thus doctor ask me to bear the pain and consume medicine for life.

Daily Dosage:

- OM-X

Health Improvement:

- One time I had a severe pain and I finished a box of OM-X in 4 days, and my pain subsided.





其他疗愈作用:烫伤、外伤等见证
Other healing effects: burns, wounds
testimonial

pg. 75

烫伤问题 Burnt injury

1. 手被油烫伤 Hand scalded by oil -- Cheah Quak Hin -- [pg. 76](#)
2. 手烫伤 Scald injury -- Leoh Siew Chin -- [pg. 77](#)
3. 烫伤 Scald injury -- Loh Meow Siam -- [pg. 78](#)
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外伤问题 Other injury

8. 手被铁丝钩到 Hand Hooked by Wire -- Loh Meow Siam -- [pg. 83](#)
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其他 Others

12. 不能坐飞机旅行、脱发问题、怕冷问题 Can't Travel using Flight, Hair Loss Problem, Fear of Cold -- Ching Kos -- [pg. 87](#)
13. 疲劳问题 Lethargy -- Steven Choo -- [pg. 88](#)
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其他疗愈作用:烫伤、外伤等见证
Other healing effects: burns, wounds
testimonial

pg. 76

手被油烫伤 Hand scalded by oil

健康状况:

- 我是一名厨师, 有一次炸食物的时候不小心被油烫伤, 我的手背的皮整片不见, 变得深红色。
- 涂了烫伤膏, 回家后涂植物油。第二天我的手发炎了, 我也发烧了。我去见医生, 医生只给我cream 和告诉我我的伤口需要大概14天才会复原。



Cheah Quak Hin

每日服食剂量:

- 马子六, 1天涂5-6次

健康改善进展:

- 第二天, 我就看到我的伤口上面生了一层薄薄的皮, 我继续涂。
- 5天后, 我的伤口就干水了
- 10天后, 我的伤口就复原了, 就连疤痕也没有

Health Conditions:

- I am a chef, and one day my hand accidentally burned by oil when frying food. The whole piece of skin on the back of my hand gone and become dark red.
- I applied burn ointment and after home, I applied plant oil. On the second day, my hand inflamed and I get fever. I go to see doctor, doctor prescribed me cream and told me my wound will take about 14 days to recover.

Daily Dosage:

- Apply Magoroku 5-6 times a day

Health Improvement:

- On the next day, a thin layer of skin come out.
- After 5 days, my wound dry out.
- After 10 days, my wound fully recover, I don't even have scar.





其他疗愈作用:烫伤、外伤等见证
Other healing effects: burns, wounds
testimonial

pg. 77

手烫伤 Scald injury

健康状况:

- 煮东西的时候, 右手被烧水烫伤。烫伤的时候, 我的右手的部分皮脱了, 很痛, 而且还有一点泡泡。

每日服食剂量:

- 1天涂3-5次薰衣草 马子六

健康改善进展:

- 涂了后, 感觉没那么刺痛和红了。
- 10天内, 我的烫伤的部分完全痊愈。

Health Conditions:

- My right hand was scalded by boiling water when I was cooking. When I got burned, part of my righthand skin was peeled off, very pain, and has small blisters as well.

Daily Dosage:

- Apply 3-5 times Magoroku Lavender daily

Health Improvement:

- After apply it, I can feel the pain and redness reduced.
- My burned hand was completely healed in just 10 days.



Leoh Siew Chin





其他疗愈作用: 烫伤、外伤等见证
Other healing effects: burns, wounds
testimonial

pg. 78

烫伤 Scald injury

健康状况:

- 一次不小心被煮滚的热水喷到。我的手、身体和脚都被烫伤，马上被送进医院紧急部门。医生帮我洗伤口、包扎伤口，告诉我我会发烧发冷，并叫我留院观察。可是我没有发烧发冷，我想可能是因为当时我吃了大概10粒的大平醇。

每日服食剂量:

- 每天吃4粒余甘子C、30粒大平醇和用马子六涂伤口。

健康改善进展:

- 在医院的10天，我没有感觉辛苦。
- 1-2个月后，我的伤口变干，也不痛了。
- 半年后(总共涂了8支马子六)，我的疤痕只剩一点点，到现在，完全没有疤痕了。
- 每天依然继续早晚吃5粒大平醇作保健。

Health Conditions:

- Hot boiling water spill on my hand, body and leg. I was sent to hospital emergency department. Doctor helped me to wash the wound, wrap the wound and I need to admit to hospital for further checking. Doctor told me that I will have fever and cold, but end up I don't have. This probably due to I ate about 10 capsules of OMX.

Daily Dosage:

- I applied Magoroku and consumed 4 capsules Amla C and 30 capsules OMX.

Health Improvement:

- During 10 days of hospitalization, I didn't feel suffer.
- After 1-2 months, my wound dry out, and no more pain.
- After 6 months, I only had small scar, and now, I don't have scar anymore.
- I still continue consuming 10 capsules OMX (5 capsules each morning and night) for health maintenance purpose



Loh Meow Siam



Before 之前

2 months later 2个月





其他疗愈作用: 烫伤、外伤等见证
Other healing effects: burns, wounds
testimonial

pg. 79

皮肤烫伤问题 Scalded by hot water

健康状况:

- 有一次蒸食物, 我被热水烫伤肚皮, 肚皮脱皮又红又痛。

每日服食剂量:

- 薰衣草马子六
- 早午晚各服用2粒OM-X (1天6粒)

健康改善进展:

- 伤口没有感觉疼痛
- 我的肚皮伤口在仅仅12天完全痊愈了。

Health Conditions:

- My belly was scalded with hot water when I was steaming food. My belly skin peel off, redness and very pain.

Daily Dosage:

- Apply Magoroku Lavender
- 6 capsules of OM-X daily (2 capsules morning, 2 capsules afternoon and 2 capsules night)

Health Improvement:

- Didn't feel the pain.
- My belly wound fully recovered in just 12 days.



Teacher Yap



1st
Day



12th
Day





其他疗愈作用: 烫伤、外伤等见证
Other healing effects: burns, wounds
testimonial

pg. 80

腰酸、烫伤

Backache, Minor scald injury

健康状况:

- 我是从事小贩行业的, 需要长时间站着, 有腰酸问题已经1年了
- 做小贩的, 难免会有烫伤状况

每日服食剂量:

- 3粒大平醇和3粒植物油
- 1天2小包樱姿美胶原蛋白, 1个星期后, 减少至1天1小包
- 薰衣草马子六(随身携带)



Ng Siew Ling

健康改善进展:

- 吃了3盒樱姿美后, 腰酸问题就有改善。
- 身体手脚也比较灵活, 肌肉比较结实。现在打羽毛球不止可以前后跑, 还可以弯腰
- 只要一烫伤, 马上涂薰衣草马子六, 烫伤部位不会红, 也不会起泡
- 每天晚上洗完脸后都会把薰衣草马子六涂在脸上, 2-3个月后, 发现皱纹少了, 黑斑也淡了。

Health Conditions:

- I am a hawker, I need to stand for long period of time, and thus I had backache problem for almost 1 year already.
- As a hawker, it is very normal to get minor burn

Daily Dosage:

- 3 capsules OMX and 3 capsules Plant Oil
- 2 sachets U-Royale every day, after 1 week, reduce to 1 sachet per day
- Always bring along Magoroku Lavender

Health Improvement:

- After consume 3 boxes of U-Royale, backache problem improved
- Body flexibility and muscle mass improved. I can run here and there, even squat while playing badminton
- Every time if I got burn, I will apply it to my wound immediately. The burn area won't be redness, or swollen.
- I also apply a thin layer of Magoroku to my face every night after cleaning, and after 2-3 months' time, my wrinkles reduced and my dark spot become fairer in color.





其他疗愈作用: 烫伤、外伤等见证
Other healing effects: burns, wounds
testimonial

pg. 81

脚烫伤

Leg scalded by Muffler Pipe

健康状况:

- 我被狗追跌倒, 脚被摩托车的排气管烫伤, 伤口流血又出脓。看了2-3个医生也没有改善。

每日服食剂量:

- 20粒大平醇(早晚各10粒)、6粒植物油(早晚各3粒)和10粒余甘子C(早晚各5粒)

健康改善进展:

- 不到一个星期, 伤口就干水了

Health Conditions:

- I was chased by a dog and I fell down. Muffler pipe from my motorcycle burn my leg, the wound bleed and had pus. I been visited 2-3 doctors, but still no improvement.

Daily Dosage:

- 20 capsules OMX (10 capsules each day and night), 6 capsules Plant Oil (3 capsules each day and night) and 10 capsules Amla C (5 capsules day and night).

Health Improvement:

- Within a week, the wound dried out



Teh Gaik Poh



Before 之前



After 之后





其他疗愈作用: 烫伤、外伤等见证
**Other healing effects: burns, wounds
testimonial**

pg. 82

晒伤 Sunburn

健康状况:

- 钓鱼时晒伤, 颈项和手臂部位又红又痛。

每日服食剂量:

- 马子六

健康改善进展:

- 5-分钟内, 手的红消了, 也不感觉痛了。
- 原本非常抗拒马子六, 因为我觉得它很油, 可是涂了后, 它吸收得非常快, 我感觉非常舒适, 也开始喜欢上它了。

Health Conditions:

- Get sun burnt after fishing, can feel the pain and redness at my neck and hand area.

Daily Dosage:

- Magoroku

Health Improvement:

- Within 5-10 minutes, I can see the redness on the skin gone, as well as the pain.
- Initially I am very reluctant towards Magoroku, because I felt it is very oily. However, when I apply Magoroku, it is absorbed very fast by the skin, and I felt very comfortable and started like it.



Vince



Before



After





其他疗愈作用: 烫伤、外伤等见证
Other healing effects: burns, wounds
testimonial

pg. 83

手被铁丝钩到 Hand Hooked by Wire

健康状况:

- 年老的爸爸被铁丝钩到手, 伤口很红, 很痛又很硬 (有硬块)。进医院, 医生给我爸爸吊抗生素, 说需要吊5-7天的抗生素。



Loh Meow Siam

每日服食剂量:

- 早晚吃4粒大平醇, 加上涂 马子六。

健康改善进展:

- 马子六涂在伤口后, 他的伤口一直流血水。隔天早上伤口比较好了, 没那么硬和肿了, 也可以出院了。
- 一个星期后他的伤口完全复原了。

Health Conditions:

- My father's hand was hooked by wire, the wound is redness, swelling and hardening. He was admitted to hospital and doctor gave him antibiotic drip. Doctor plan to give 5-7 days of antibiotic drip.

Daily Dosage:

- OMX (4 capsules each morning and night), and I applied Magoroku to his wound.

Health Improvement:

- After applying Magoroku, the wound bleed. On the second day, the wound soften, the swell reduced, and my father can be discharged back home.
- After 1 week, his wound fully recovered.





其他疗愈作用: 烫伤、外伤等见证
Other healing effects: burns, wounds
testimonial

pg. 84

被黄蜂叮到 Bitten by wasp

健康状况:

- 有天我在整理家里的小花园的时候, 不小心被藏在花丛里的黄蜂叮到两边的手, 非常痛。不仅如此, 手也开始发红和肿。

每日服食剂量:

- 马子六擦在被黄蜂叮的手上
- 把碱性水倒在受伤部位

健康改善进展:

- 很快的, 手也消肿了。就连本来起水疱和痒的问题, 也在涂了2-3次马子六后, 完全好了。

Health Conditions:

- One day, when I was cleaning my small garden, unfortunately my both hand were bitten by the wasp that hidden behind the flowers and I feel very painful. Besides, the hand started become redness and swollen.

Daily Dosage:

- Apply Magoroku – to ease the swollen hand
- Pour the alkaline water onto my hands that bitten by the wasp, helped to reduce pain

Health Improvement:

- After that, the swollen gone. Although there are still blistering and itching, but it became better after I applied Magoroku for 2-3 times.



Sharon Wong





其他疗愈作用: 烫伤、外伤等见证
Other healing effects: burns, wounds
testimonial

pg. 85

眼部受伤 Eye Injury

Hong Yoke Kim

健康状况:

- 眼睛被撞伤, 看了医生, 医生说可能会骨折, 眼睛完全无法睁开, 眼周的淤青非常深, 隐隐作痛。

每日服食剂量:

- 涂薰衣草马子六

健康改善进展:

- 第一天涂薰衣草马子六涂4-5次, 我的眼睛的红, 肿, 痛大大减少, 而且眼睛开始可以慢慢睁开
- 第二天后, 我 每天涂3至4次, 我的眼睛可以越开越大, 而且没有疼痛感觉
- 连续搽了薰衣草马子六10天, 现在我的眼睛只剩下一点淤青, 疼痛感, 肿, 完全消失了

Health Conditions:

- I had a minor accident and got eye injury, causing pain and swelling. My eyelids could not be opened and the bruises around the eye were very deep and painful. Doctor even suspect I might have bone fracture.

Daily Dosage:

- Apply Magoroku Lavender

Health Improvement:

- During first day, I applied 4-5 times of Magoroku Lavender, I can see the redness, swelling and pain reduce a lot, and my eyelid manage to open a little bit.
- Start from 2nd day, I apply Magoroku Lavender 3 to 4 times per day, my eye can open bigger and bigger, and no pain, it is really amazing.
- After I applied Magoroku Lavender for 10 days, now my eye only left some bruise, the pain, swell and redness all gone.



1st day



2nd day



3rd day





其他疗愈作用: 烫伤、外伤等见证
Other healing effects: burns, wounds
testimonial

pg. 86

眼部受伤 Eye Injury

健康状况:

- 爸爸在不久前, 有一天不小心跌到, 一粒眼睛 发肿, 淤青很深也很大。

每日服食剂量:

- 在眼周涂抹薰衣草 马子六

健康改善进展:

- 隔天, 瘀青的眼睛从紫蓝色转变到黄色。瘀伤在7天内完完全全消失, 恢复正常。

Health Conditions:

- Father fell down and his eye got hurt, swollen and have big bruise.

Daily Dosage:

- Apply Magoroku Lavender to his eye area

Health Improvement:

- The next day, the bruised eye gradually changed from purple-blue to yellowish. The bruises disappeared completely within 7 days and recovered to normal.



Loh Meow Siam



1st
Day



7th
Day



For Internal Circulation Only



其他疗愈作用:烫伤、外伤等见证
Other healing effects: burns, wounds
testimonial

pg. 87

不能坐飞机旅行、脱发问题、怕冷问题 Can't Travel by plane, Hair Loss Problem, Fear of Cold

健康状况:

- 在这之前, 不能坐飞机旅行, 只要一上飞机, 我就会一直吐。
- 脱发问题
- 怕冷

每日服食剂量:

- 3-4粒大平醇
- 大平醇香皂
- 大平营养初榨椰子油

好转反应:

- 大便出血(上了好几次厕所)

健康改善进展:

- 整个人感觉精神很好, 可以从早上做到晚上。
- 可以坐飞机去旅行了。旅行时, 1天会吃大概15-20粒大平醇
- 用大平醇香皂5年了, 感觉皮肤变得比较白, 斑点减少了, 就连我的脱发问题也好了
- 吃了大平营养初榨椰子油后, 不再怕冷了。

Health Conditions:

- Cannot travel by flight because will feel nausea and vomit in the plane.
- Hair loss problem
- Body cold issue

Daily Dosage:

- 3-4 capsules OMX
- OMX Soap
- Virgin Coconut Oil

Healing crisis:

- bloody stool for few times

Health Improvement:

- More energetic.
- Can travel with flight. Consume about 15-20 capsules of OMX every day while traveling.
- Use OM-X soap for about 5 years, skin is fairer, dark spot is lesser and hair loss problem resolved
- Virgin coconut oil helps to solve cold problem



Ching Kos





其他疗愈作用: 烫伤、外伤等见证
**Other healing effects: burns, wounds
testimonial**

pg. 88

疲劳问题 Lethargy

健康状况:

- 因为工作的关系, 睡眠时间短, 我晚上10点多睡, 凌晨2点多起身。大概4-5年前开始, 我就感觉很容易累, 吃饱就想睡, 尝试吃C brand 产品也没帮助。

每日服食剂量:

- 5-10粒大平醇

健康改善进展:

- 1个多月后, 精神好多了, 不容易觉得累。晚上变得很容易入眠, 而且醒来时不会累。就连唱歌, 我也可以多唱几首了。
- 生病时, 吃了20粒大平醇, 不用看医生, 2天后, 我可以照常凌晨上班了。

Health Conditions:

- Due to job nature, I have short sleeping time. Normally, I sleep at 10pm something and wake up at midnight 2am something to prepare to work. About 4-5 years ago, I get tired very fast, especially after I had my meal, I feel so sleepy. I tried C brand product but it doesn't help.

Daily Dosage:

- 5-10 capsules OMX

Health Improvement:

- After 1 month plus, I felt more energized, won't get tired easily. I can fall asleep faster than before, and when I wake up, I felt energized. I even can sing more songs now.
- I consumed about 20 capsules OMX when I fall sick, without visiting doctor, 2 days later, I can work as usual at midnight.



Steven Choo





其他疗愈作用: 烫伤、外伤等见证
Other healing effects: burns, wounds
testimonial

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保健作用 Health Maintenance

健康状况:

- 本身没什么健康状况, 吃了7-8年大平醇主要是为了保健作用。

每日服食剂量:

- 早晚各吃4粒大平醇

健康改善进展:

- 吃了就算冬天去外国也不怕冷。还记得我和太太去九寨沟和香格里拉的时候, 由于天气很冷, 一般人都需要买氧气瓶和红景天才不会感觉辛苦, 可是我们都不需要, 我们都不怕冷。

Health Conditions:

- I don't have any health issue, and I have been taking OMX for 7-8 years for health maintenance purpose.

Daily Dosage:

- 4 capsules of OM-X day and night

Health Improvement:

- I don't even fear of cold when I am at oversea. I still remember when my wife and I went to JiuZhaiGou and Shangrila, weather there is so cold, all our travel mate need to purchase oxygen tank and Rhodiola rosea capsules to feel comfortable, but we don't need, we don't even fear of cold.



Chu Seng Ka





疲劳问题 Tiredness

健康状况:

- 工作时间长 (6am-6pm), 晚上还有活动5-6个小时, 常常觉得很累。
- 这个状况已经维持4-5年了

每日服食剂量:

- 每天早上空腹吃 5粒大平醇

健康改善进展:

- 吃了4-5个月, 我的体力有明显的不同。若我没补充大平醇, 我的体力只耐大概 5-6小时, 若有补充大平醇, 体力可以耐一整天, 直到晚上。我精神也好多了。

Health Conditions:

- Always feel tired due to long working hours (6am-6pm) and 5-6 hours of activities at night.
- This condition been last for about 4-5 years.

Daily Dosage:

- 5 capsules OM-X daily (before food)

Health Improvement:

- After 4-5 months, my physical strength is obviously different. When I didn't consume OM-X, I will feel tired after 5-6 hours of working, but if I consume OM-X, I won't feel tired for the whole day.



Goh Chong Pau





大平博士追求的目标：

“希望全世界70亿人口健康长寿”

The long-sought goal of Dr. Ohhira:

“Wishing good health and long life to 7 billion people around the world”